



OCTOBER CALENDAR

NO IN-PERSON MEETINGS DUE TO CORONAVIRUS RESTRICTION

Tuesday October 6th, 12 pm-1 pm via Zoom

Danny Martinez, Supervisor, Rochester Veterans Service Center.

Veterans' benefits at the Veterans' Service Center

Tuesday, October 13th, 10 am-11 am via Zoom

HOPE Session: 'Hearing Other People's Experiences' (HOPE)

Tuesday, October 13th, 7 pm-9 pm via Zoom

Board of Directors Meeting

Thursday, October 15th, 10 am-11 am via Zoom

Demo Center with Chas Johnstone

"A Virtual Tour of Assistive Devices"

Tuesday, October 27th, 12 noon via Zoom

Cochlear implant group

Watch our Newsletters and Website for updates

How to Register for HLAA Online Sessions

Registration for all HLAA Rochester Zoom sessions is free and open to the public. You may register by visiting the Sessions Registration website. See the chapter website at hearinglossrochester.org for the link to the registration form.

You only need to register one time to be invited to all future sessions that you have chosen. You can change your selections by re-visiting the Sessions Registration website and indicating your new preferences. Cancellation can be indicated by submitting the form with no sessions selected.

In Memory of Ginger Graham

By Janet McKenna, MLS aka Deaphyduck



Best known as Ginger, Virginia Graham was born in Baltimore, one of a pair of fraternal twins. She graduated from secretarial school and moved to Elmira. After working at Cornell University for several years, she relocated to Kodak in Rochester. She must have been a jewel of an administrative assistant; organized, detail oriented, punctual, and with the ability to oversee the department.

Ginger was widowed twice. Tom, her first husband and she were married 30 years, her second husband Jerry about five. Tom and she built a house outside of Webster and summered in the Thousand Islands.

She loved ballroom dancing: her license plate holder said I'd rather be dancing. Jerry and she met at a dance. She enjoyed traveling on bus trips, some to casinos. Ginger liked to play slot machines. When Deaphyduck lived ten miles from Seneca Nation casino, Ginger stopped by occasionally en route. Once she introduced Deaphy to modern slot machines.

Ginger had kitties for over fifty years. She was the godmother of Deaphy's cat Kiwi and was there when Kiwi was adopted. Her house was spotless and you could eat off her garage floor. In what time remained from her HLAA chores, Ginger volunteered at the Penfield Library.

When Ginger's hearing faded she discovered HLAA and was asked to edit the newsletter. She and Deaphyduck worked together on that and the cochlear implant committee. GG opted for a CI when profoundly deaf; it helped her participate in life to some extent. She was the greeter for meetings and events, maintained lists, was the only person who could take shorthand notes at meetings, and was the resource person for many questions. Many times she pulled Deaphy's chestnuts out of various fires.

Even as her health failed she produced one last newsletter in August 2020, a month before her death.

GG was a friend as well as an associate. I'll miss her.

Per her wishes there will be no memorial service.

(Continued on page 3)

OCTOBER PROGRAMS

Hearing loss continues even during a pandemic.

Hearing Loss Association of America - Rochester Chapter (HLAA) offers a series of virtual programs during October for anyone interested in hearing loss. All use the Zoom platform. Preregistration is required by visiting the HLAA website at

hearinglossrochester.org. All programs are free and in real time.

Programs for October are:

Tuesday Oct. 6.-noon Danny Martinez, Supervisor, Rochester Veterans Service Center. *Veterans' benefits at the Veterans' Service Center*

Veterans' benefits have multiplied since "old soldiers' homes" were established during President Lincoln's administration. Danny Martinez, supervisor of the Rochester Veteran's Service Center, tells vets about the many services offered at its enlarged modern campus on Calkins Road. It opened in 2019. For example, the VA is the country's largest dispenser of hearing aids; what are the criteria for audiology services? Danny is prepared to answer questions about veterans' eligibility, compensation, caregiver services, pension benefits and a huge collection of other entitlements for honorably discharged veterans. He is a retired Navy Chief who calls San Antonio TX his home town.

Tuesday Oct. 13. 10:00am. Joseph Kozelsky, CCC/A. 'Hearing Other People's Experiences' (HOPE) Prospective, new, or experienced hearing aid users can share their experiences, questions, and hearing loss journeys in an informal virtual round table discussion facilitated by retired audiologist and hearing aid user Joseph Kozelsky CCC/A.

Thursday Oct. 15. 10:00am Virtual ALD Demo Center. HLAA-Rochester Technology Team. Continuing orientation to the on-line "Virtual Demo Center" web site, Review of selected ALD's, caption-capable and amplified telephones, signaling-alerting devices and smart phone APP's related to hearing enhancement and the opportunity for the presenters to answer questions from those joining the Zoom meeting.

PRESIDENT'S MESSAGE

by Art Maurer, President

As we go virtual with our programs, HLAA Rochester enters a new era. For over three decades we've offered support and education to our members hoping to stave off individual isolation and improve quality of life; all at large in-person gatherings. That is, until the shutdown of Covid-19 changed our lives. Since we don't know how long we'll be physically separated, instead of pausing our programs, we decided to carry-on by becoming 'virtual'. One thing we can be sure of is that the mask and social distancing restrictions of Covid-19, eliminating any opportunity for large gatherings, will be with us for many months.



Offering our programs on Zoom is a bit of an experiment because we aren't sure how effective they will be; nor do we know how many will participate. We can assure you that we are preparing for attendance at least as large as we've had in the past; perhaps even larger. Also we're hoping for feedback on how you like meeting on Zoom and look forward to any suggestions for improvement.

Being on the internet also offers the advantage of not having to drive to a specific place. You can sign-on from wherever you happen to be. So, in addition, to those who used to attend in person, we're reaching out to all, both locally and across Western New York. In addition to erasing the need to drive any distance, it brings the added benefits of eliminating parking and cancellations due to inclement weather.

We invite you to sign up for any or all sessions. Also, please help us spread the word to your friends and relatives coping with hearing loss. One of the most difficult things to accomplish with our limited HLAA resources is to reach out to others who may benefit from the support and education we offer.

Those of us with hearing loss are always challenged to avoid becoming isolated. Now Covid-19 demands we also be physically isolated. All while masks impair understanding and make lip reading so much harder.

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PRESIDENT'S MESSAGE

Given the extended duration of Covid-19 disrupting our lives we must worry about the impact of continuing isolation on our own mental stability. Psychologists advise to: keep informed on how to stay safe; keep things in perspective, stay healthy, have a routine and make plans, communicate with your children. How do we cope with that and the other aspects of our lives while suffering hearing loss? Maybe we at HLAA should schedule a few Roundtable Discussions on Zoom to share with one another. If you're interested drop me an email – put HLAA in the title.

Chapter Communications Updates:

Bruce and Candi Nelson have graciously edited and produced this newsletter – we are so grateful for their talent and effort.

Jenn Hurlburt and Gaelen McCormick are focusing on both Facebook and Instagram to enhance our outreach to young adults.

Chas Johnstone and Dan Brooks continue to be our heroes on making Zoom viable for our Chapter.

Finally, it's important this year to be sure to VOTE...

Please do Take Care and Stay Safe.

Art Maurer
amaurer40@frontier.com

WIN A JOSS KENDRICK DOLL, FIRST DOLL WITH A HEARING AID (Supports our Chapter and NYSA)

It's not too late to purchase tickets for a drawing for American Doll's Joss Kendrick, the first doll with a hearing aid, by contacting Mary Chizuk (address below)

Tickets cost –

1 /\$2; 2 /\$3; 5/\$5.

Checks are payable to HLAA-Rochester Chapter

Please mail request and check to:



Mary C. Chizuk
6152 Patriot Dr
Ontario NY 14519

Questions:
Mchiz6152@gmail.com

In Memory of Ginger Graham

(Continued from page 1)

Not un-expectedly, URMC declined the anatomical donation, so Ginger's alternative wishes for cremation were implemented. The urn containing her ashes will be sent to her niece Deb, who will arrange burial adjacent to Ginger's mother in the "old cemetery" of Mount Zion Christian Church in Mebane, North Carolina.

Memorial donations may be made to the local chapter of Hearing Loss Association of America, <http://hearinglossrochester.org>

2020 Buffalo Walk4Hearing

by Carol Loftus

This year's Buffalo Walk4Hearing will be a 'virtual walk' scheduled for Saturday, September 26. Once again, I will be a team captain. My team is Hear4Tomorrow.

A donation to my team, Hear4Tomorrow, would be greatly appreciated. You may do so by an online donation at www.hearingloss.org and click on "Walk" to find my team.

Should you wish to join the Walk, please go to www.hearingloss.org, then Online Celebration. Sign in begins at 9:45am and the program starts at 10:00 am.

Cochlear Implant Group Features Med-El implants

On Tuesday, October 27 at Noon, Rebecca Mancini, the eastern fulfillment specialist with Med-El cochlear implants, will virtually demonstrate the newest developments in Med-El's technology. The company just announced FDA approval for their RONDO3 Audio Processor.

It is one of the three cochlear implant manufacturers implanted at University of Rochester.

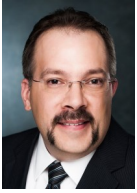
This zoom session might be of interest to people investigating, awaiting, or using cochlear implants.

Preregistration for this zoom session is required by visiting the HLAA web site: hearinglossrochester.org.

Peter Fackler will facilitate the talk. A bilateral cochlear implant user, Pete serves on the HLAA national Board of Trustees and is a former HLAA Trustee Treasurer and President.

HLAA New York State Association (NYSA) - Update.

By Dan Brooks, President, HLAA-NYSA



Hello again! Hope all is well and everyone is gearing up for the second half of the 2020 Walk4Hearing here in New York State. The fall season will kick off with the Buffalo walk which will take place on Saturday, September 26th and the NYC walk will be on October 4th.

Both walks will be virtual and start promptly at 9:45am. I wish we could be outdoors enjoying the wonderful crisp fall weather but it is still nice to know we will at least be able to “see” one another and continue our mission in creating more awareness about hearing loss! This still a great opportunity to raise money to help HLAA and others so they can continue to do all the great things they do for people with hearing loss.

Remember the American Girl Doll contest sponsored by our National HLAA. This year’s Girl Doll is named Joss Kendrick and she has a hearing loss! One child from each Walk4Hearing location will win a Joss Kendrick doll and accessories. Kids, ages 5 to 12, can enter to win for free! Go to HLAA’s website to learn more on how to enter.

Other events to look forward to are the HLAA chapters throughout New York State starting back up again from a much needed summer break! From what I have heard most chapters have found alternative ways to go virtual and have come up with creative ways to keep their membership engaged. One of the events that sticks out in my mind is the HLAA Westchester Chapter event coming soon on September 9th at 7:30pm. They are doing a “Virtual Happy Hour” via Zoom! Doesn’t that sound interesting?! It does to me! So be sure to check out your local chapter’s website and see what’s happening near you!

Now onto updates of what’s new with the HLAA New York State Association! (HLAA-NYSA) It is my honor to announce our newest board member! She comes from Rockland County and has many years of experience with HLAA and hearing loss. Her name is Debbie Dolgin Wolfe. I am sure she will bring many great ideas and energy to the NYSA and it’s board. With Debbie joining the Board that will bring the number of members on the HLAA-NYSA Board of Directors to a total of 13

members! All the current board members are excited to meet Debbie at our next meeting which is scheduled for September 12th on a Saturday at 10 am. The meeting will be virtual via Zoom and will be captioned. At this meeting we will update ourselves with what is happening in each of the chapters around New York State and hear from our committee leaders. So please stay tuned for next month’s article where I will share all the exciting key updates with you!

If you have not already, I implore YOU to join a chapter or help start a chapter near you. Together we can get it done and improve the everyday lives of those with hearing loss! Another way you can help is by joining or renewing your membership with HLAA. By joining HLAA and living in New York State you automatically become a member of the HLAA-NYSA. Please feel free to email us at: hlaa.newyorkstate@gmail.com or to me at: dbrooks.hlaa.roc@gmail.com. More information will be coming soon!

Thank you for your time and hope you all enjoy the fall weather!

Donations

Thank you to these members who included donations to the chapter in addition to their dues:

Werner & Susan Kunz	Charles Julien
Dianne Brown	Ruth Tetlow
Elizabeth Meteyer	Carl Rossner
Gail Clay	Carmel Merrill

Thank you to our major contributors:

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With sincere thanks for donating to our Chapter!

How to Protect Your Hearing Aids from Moisture

By Matt Hay

Excerpted, with permission from <https://www.hearingtracker.com/how-to-protect-your-hearing-aids-from-moisture>

If you want your hearing aids to work without interruption, keeping them protected from moisture is the single most important thing you can do. Hearing aids are body-worn electronic devices. They are full of high-tech circuit boards and microelectronics, and are particularly prone to the corrosive effects of humidity and perspiration.

Over the years, hearing aid manufacturers have made huge advances in water-proofing their products. With the introduction of rubber seals and nano-coating, some hearing aids are even rated for shallow underwater use. Despite these improvements, moisture continues to be a serious issue for hearing aids, and knowing the basics of better care, especially how to keep them dry, can help you avoid any downtime related to moisture damage.

WHAT ARE THE SIGNS OF MOISTURE DAMAGE?

Static or crackling sounds, distortion, fluctuations in volume, and intermittent outages are all signs of moisture damage.

ARE WATERPROOF HEARING AIDS AVAILABLE?

There are currently no waterproof hearing aids available on the market. However, many hearing aids are now rated to handle “periods of immersion” in water at a depth of 3 meters (9.8ft) or less.

WHICH HEARING AIDS ARE THE MOST WATER RESISTANT?

There is a long list of hearing aids that offer a strong IPX8 water resistance rating. New IPX8 products include Widex Moment and Oticon Ruby.

HOW DO YOU REMOVE MOISTURE FROM A HEARING AID?

Inexpensive dry aid kits offer a great way to dry out your hearing aids overnight. For more difficult moisture issues, it may be worth investing in a drying system that applies heating and air flow. Many hearing clinics also offer industrial dryers for more rapid and thorough drying.

MOISTURE IMPACTS ALL HEARING AIDS

Recent research by Redux (a commercial hearing aid dryer company) revealed that 98%* of all hearing aids have some amount of moisture present. This isn't surprising when considering the environment hearing aids operate in.

Hearing aids spend hours surrounded by skin, an organ that releases moisture (sweat) to control your body temperature.

The effects of perspiration may worsen due to exercise, certain medications, or underlying health conditions.

Humidity exists as a vapor, allowing it to pass through barriers that are traditionally water-resistant. Consider that most homes keep water out with a roof and solid foundation, but all homes have moisture in them due to a level of humidity in the air.

Your hearing aids can get wet when it's cold out, too. If you wear glasses, you know they sometimes fog up when you come inside from the cold. That's condensation due to the fast temperature change, and it can also create a layer of moisture on your hearing aids.

And, no surprise, rain is a constant threat to hearing aids. More on that below.

WARNING SIGNS OF WATER DAMAGE

Corrosion and other damage to your hearing aids can build up over time. If you have an in-the-ear (ITE) hearing aid, sweat can quickly accumulate between the eardrum and the sensitive receiver.

Other form factors are also prone to moisture problems. The popular open-fit receiver-in-the-canal (RIC) hearing aids insert the speaker deep within your ear canal, where it's surrounded by warm, moist air. The receiver is attached to a thin wire extending to the hearing aid processor sitting behind your ear, where there are additional opportunities for moisture buildup. And traditional behind-the-ear (BTE) hearing aids have an air tube extending from an ear mold in the ear, where moisture can build up quickly.

Here are a few warning signs that indicate your hearing aids may be on the way to failure:

Static or crackling sounds—corrosion of electrical connections can create a lot of unwanted static in your ears.

Distorted sounds or fluctuations in volume—damaged connections can create uneven performance in the audio output of your hearing aid.

Intermittent outages—if your hearing aid suddenly turns off, then turns back on, corrosion may have damaged the contacts close to their final breaking point.

If you wear behind-the-ear hearing aids, sometimes a small drop of water can find its way into one of the tubes that extend from the ear mold to the processor,

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*Based on Redux Inc. measurements of moisture removed from more than 750 hearing aids by hearing care professionals in multiple practices, states, and countries using the Redux vacuum chamber drying system.

How to Protect Your Hearing Aids from Moisture

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blocking all sound from entering your ear. Blowing out the tube is an easy temporary fix. However, the presence of that droplet is a sign that you may need to take additional steps to keep your hearing aids dry.

CAN I WEAR MY HEARING AIDS IN THE RAIN?

No, hearing aids are not rain-proof. You should try to avoid heavy rain while wearing your hearing aids. Don't worry—if you're caught in a light shower as you dash from the grocery store to the car, you most likely won't destroy your hearing aids. But make sure to take them off and dry them by hand as soon as possible afterward. Then, later, when you can afford to go without them for a few hours, you should dry your hearing aids out thoroughly using an at-home or commercial drying system.

If you can't avoid the rain, you might want to consider wearing a wide-brimmed hat to shield your hearing aids. You may also want to consider growing your hair out to add a little protection.

WHAT ARE THE MOST MOISTURE-RESISTANT HEARING AIDS?

In the past decade, there's been a mini revolution in moisture protection for hearing aids. Digital 3D-print manufacturing ensures that the dozens of tiny components integrated into hearing aids fit more perfectly with each other and within their case. A better fit means less room for moisture to penetrate the components.

And new nanotechnology-based materials provide further protection. Nano coatings are polymer layers, one thousand times thinner than a human hair, applied when the aid is made. They cover the hearing instrument with a compound that repels water and moisture very effectively.

The good news is that all major hearing aid brands have dramatically improved the water resistance of their products. Premium-level hearing aids feature higher levels of water resistance. Less costly hearing aids may have lower ratings for protection but are more reliable now than in the past. However, keep in mind that there are currently no completely waterproof hearing aids available on the market.

IP RATINGS MEASURE WATER RESISTANCE

When you're shopping for a hearing aid, it's helpful to look at the IP ratings (Ingress Protection) published by manufacturers for their products. IP ratings classify the level of protection that the casing of a hearing

instrument provides against solids and liquids entering and damaging the device.

If you live somewhere with high humidity, if you work in an outdoor job, if you naturally sweat a lot, or if you are routinely exposed to other high-moisture environments, it will be important to ask for a highly-rated product. IP ratings are usually made up of two digits, the first denoting resistance to solids and the second to liquids.

IP ratings can be a helpful guide, but it's important to note that ratings are assigned in laboratory conditions with "clean" water rather than sweat or rain. Additionally, IP ratings are not certified and may not reflect intended use. So, while a high IP rating is desirable, it does not guarantee moisture protection in the real world.

EARBUDS NEED TO STAY DRY, TOO

Brands like Apple, Bose, and Amazon are continuing to expand their footprint into what is projected to be an \$80B "hearables" (smart wireless earbuds) market by 2025. And moisture is an issue for this burgeoning product category of ear-worn devices, just like it is for hearing aids.

While Apple markets its hugely popular AirPods Pro earbuds as "sweat and water resistant," the product footnote adds an important disclaimer: AirPods are only designed for "non-water sports and exercise.... Sweat and water resistance are not permanent conditions, and resistance might decrease as a result of normal wear."

WHAT ARE THE BENEFITS OF DRY HEARING AIDS?

There are some very specific benefits you'll get when keep your hearing aids dry.

Better sound - Because modern hearing instruments are packed full of digital circuits and components, it only takes a very small amount of moisture to negatively impact sound quality. In fact, audiometric testing by Redux Inc. found that only 0.5 microliters of moisture was enough to cause a 30-dB reduction in hearing aid volume. That's a big difference for someone with hearing loss.

More reliable - Manufacturers report that a large percentage of returns are due to moisture damage and other related issues. This represents thousands of hearing aids returned to manufacturers each month, with returns increasing dramatically during the hotter and more humid summer months. Drier products mean fewer returns are required.

Longer lasting hearing aids - What is the life expectancy of a hearing aid? A good percentage of users upgrade their hearing aids every three or four

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How to Protect Your Hearing Aids from Moisture

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years, but often their old hearing aids still work and can be donated to people who need them. The lifespan of hearing aids seems to be getting longer all the time, and the simple act of drying them out frequently can keep them healthy for years.

MAKING YOUR HEARING AIDS LAST

Results from a quick poll conducted by Hearing Tracker revealed that three out of every four hearing aid users replaces their hearing aids every 3-5 years. If you want your hearing aids to last beyond the typical 2-3 year manufacturer warranty, be sure to learn best practices for keeping your hearing aids dry!

HOW DO YOU GET MOISTURE OUT OF A HEARING AID?

Keeping your hearing aids dry can be as simple as putting them in a drying container and leaving them overnight. Or for a total dry-out, many audiologists offer more sophisticated commercial drying systems in their offices.

Drying systems typically evaporate all the moisture that's collected in your hearing aids, including the ear molds. The systems will even dry out the irritating droplets of water that block the sound from passing through a behind-the-ear hearing aid tube.

Depending on the climate you live in and how moist your ears are, there are a range of solutions and price levels to choose from:

1. RICE: THE WORLD'S OLDEST DRYING "TECHNOLOGY"

This 8,000-year-old drying "technology" is widely available and will cost you about \$2.00. However, there is little science to prove whether this method is any more effective than leaving your hearing aid out on a sunny countertop. And unfortunately, rice exposes your valuable electronics to tiny dust and starch particles that risk greater damage than moisture may have caused alone.

2. DRY AID KITS

A dry aid kit is a small sealable jar or cup that has desiccants (tiny beads similar to what you might find in packets when you buy new shoes) that absorb moisture from the hearing aids. Dry aid kits can be found in most drugstores and retail for around \$10-\$20. They are a small investment and worth keeping on-hand for regular use, and for minor moisture issues that can typically be resolved overnight.

The desiccants themselves, loose beads or contained in a small disc, need to be "recharged" every few months in an oven per the dry kit directions.

Mini Dri-Aid from Hal Hen uses a desiccant to help eliminate moisture from hearing aids overnight.

3. HEAT AND FAN SYSTEM

Heat and fan systems can be ordered on-line for \$80-\$120. While the cost is higher, these systems are a better option than a standard dry kit for people living in high-moisture environments. They are designed to treat a hearing aid using warm air and heat, similar to a clothes dryer, and often recommended for overnight use. Some have a UV light in them designed to kill bacteria build-up, which may lessen any itchiness in your ears caused by wearing your hearing aids.

Note that the desiccant "bricks" that come with these systems need to be replaced every two months for about \$4.

Dry & Store's DryMax UV heat and fan hearing aid drying system also has a UV light to kill bacteria.

4. VACUUM CHAMBER DRYING

The newest technology available for drying aids comes from Redux, a system that audiologists use to dry out their patients' hearing aids. Redux lowers the boiling point of moisture within a vacuum chamber, monitoring the humidity as it's reduced to as close to zero as possible. The drying process takes about 12 minutes to remove all moisture from a pair of hearing aids.

The Redux hearing aid drying system uses a vacuum chamber to lower the temperature required to evaporate moisture.

Because the Redux system removes all moisture, it also enhances the effectiveness of ultrasonic processes for deep cleaning of foreign materials, such as wax, salt and other foreign materials that cause corrosion. According to data compiled by Redux, 76% of all aids treated with the system—even some previously reported as "dead"—showed an immediate improvement.

THE BOTTOM LINE

Your hearing aids probably weren't cheap, and they're bound to face moisture issues at some point during their lifetime. Hearing aid dryers offer an excellent way to protect your investment, and to ensure that your hearing aids sound better, offer greater reliability, and last longer.

Note: HLAA Rochester does not endorse any products. Products mentioned are representative of the types of products available to help keep your hearing aids dry.

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<https://hearinglossrochester.org>



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HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, Inc., a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month at noon, online via Zoom. See our website at <https://hearinglossrochester.org> to register. While our primary focus is directed toward people with hearing loss, we welcome everyone to our chapter meetings whatever their hearing ability.

For more information, Call **585 266 7890**

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Newsletter

*Newsletter deadline: first day of the month preceding the issue month.
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MEMBERSHIP FORM – HLAA-ROCHESTER CHAPTER

July 1, 2020 – June 30, 2021

I want to join as a first-time member I want to renew

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If You're New, This is for You.

More than 48 million people in the US have a hearing loss, which can hinder daily communication. By age 65, one in three Americans has a hearing loss. This invisible condition affects the quality of life of the individuals with hearing loss as well as family, friends, co-workers and everyone with whom they interact. HLAA believes people with hearing loss can participate successfully in today's world.

Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through information, education, support and advocacy.

HLAA is the nation's foremost membership and advocacy organization for people with hearing loss. HLAA publishes a bimonthly magazine, *Hearing Life*, holds annual conventions, a Walk4Hearing, and more. Check out: <http://www.hearinglossrochester.org>.

The Rochester Chapter, started in 1983, is a dynamic group of individuals working together as a team. To join, please see inside back page. HLAA has a support network of organizations—Bethesda, MD; State organizations; and, local Chapters. Welcome!

Meetings are hearing accessible

During pandemic times, all chapter meetings are online via Zoom. See meeting information in this newsletter. Captioning within the Zoom application is available.

In non-pandemic times, we meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman Museum. Parking is available at the George Eastman Museum, if needed.

All meetings are audio looped and captioned. Interpreters are available on request.

Everyone, with or without a hearing loss, is welcome, on our on-line meetings or in person, when live meetings resume!