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Volume 30, Number 4

published monthly except July and August

December 2016

## December Calendar

### Tuesday, November 1, 2016

**10:15 am – HOPE Session–Vestry Room NEW TIME**  
(see pages 2 & 5, for more info.)

11:00 am - Refreshments/Social Time

11:30 am – Announcements/Business Meeting

12 Noon – 1 pm – Program Speaker

7:00 pm – Refreshments/Social Time

7:30 pm – Announcements/Business Meeting

8:00 pm – 9 pm – Program Speaker

Tues., Dec. 13<sup>th</sup> – BOD meeting, 7-9pm  
1<sup>st</sup> floor Conf. Room, Al Sigl Center

### SAVE THESE FUTURE DATES

Tues., Jan. 10<sup>th</sup> - BOD meeting, 7-9pm, ASC

Tues., Jan. 17<sup>th</sup> - PAC meeting, 7-9pm, ASC

**WEATHER – During the winter, the rule to follow for cancelations of meetings is: IF THE ROCHESTER CITY SCHOOL DISTRICT IS CLOSED, OUR MEETINGS ARE CANCELED. (No other notification will be made.)**

### **Hospitality Duties for December:**

Daytime Meeting – Anne/David Adamson;  
Nancy/Doug Meyer

Evening Meeting – NO ONE

Board of Directors –Carol/Gerry Loftus, Art Maurer

*Please sign up to help when the “Refreshment Sheet” goes around!*

***WELCOME BACK MEMBERS, AND,  
WELCOME ALL NEWCOMERS TO HLA!***



## DECEMBER PROGRAMS

(At St. Paul’s Church, East Ave. & Westminster Rd. 14607  
**Enter only thru Westminster Rd. door.**)

**Tues., Dec. 6<sup>th</sup> – 10:15 – 11am; Vestry room.**

**HOPE (Hearing Other People's Experiences) session - Joe Kozelsky, MS, abd, CCC/A (ret.)**

Retired audiologist and hearing aid user **Joe Kozelsky** moderates a question and answer group for people considering hearing aids and those using them. Join us and share your hearing loss journey and learn from others. (see page 5.)

**Tuesday, December 6<sup>th</sup> Daytime Meeting—  
11:00am Program begins at noon**

**RELATIONS WITH FAMILY AND FRIENDS - Nancy and Doug Meyer**

Hearing loss affects our interactions with all the others in our lives. Facilitated by Nancy and Doug Meyer, a panel of chapter members will respond to questions about the impact--positive and/or negative--of hearing loss on relationships with family, friends, and "others."

Panelists are: **Art Maurer** and daughter Chris; **Dan and Lisa Brooks**; and **David and Anne Adamson**. Nancy and Doug also are active chapter members.

*(continued on page 2)*

**Tuesday, December 6<sup>th</sup> Evening Meeting--**  
**7:00pm - Program begins at 8:00pm**

“ASK THE AUDIOLOGISTS” - Peter Hart, Au.D  
 and Erin Pickett, Au.D

An entertaining question and answer session about hearing aids and hearing loss. The perennially popular "Ask the audiologists" features Peter Hart and Erin Pickett. Bring your questions and the two will answer them or try to obtain answers for you. As always, "Ask the audiologists" is completely impromptu and unrehearsed.

Hart and Pickett are prepared to field inquiries on all aspects of hearing aids and hearing loss. They can comment on new developments in amplification technology, deafness, audiograms, tinnitus, and the latest technology.

Peter Hart earned his Au.D in 2012 and is associated with Hart Hearing Centers. Erin Pickett's Au.D was earned in 2014 after ten years as a speech language pathologist. She is an audiologist at NTID.

*HLAA-Rochester chapter meetings are held in the Parish Hall at St. Paul's Episcopal Church, East Avenue at Westminster Road, across from the George Eastman Museum. Enter thru the Westminster Rd. door. All programs are audiolooped and captioned. Those needing a sign language interpreter for an evening meeting only, please see cover page.*

*The Hearing Loss Association of America opens the world of communication to people with hearing loss through information, education, support and advocacy. For more information visit [www.hl原因-rochester-ny.org](http://www.hl原因-rochester-ny.org). or telephone 585 266 7890.*

## **HOPE SESSIONS**

*By Joe Kozelsky*

Some subjects discussed at recent HOPE sessions held ahead of our monthly Chapter Meetings:

- T-Coils.
- Trouble hearing in background noise in restaurants.
- Assertiveness and the importance of stating that you need assistance or special consideration.
- Possibility of getting a hearing aid for the “bad” ear. Pros and cons.

Plan to join us at **10:15am Tuesday, December 6<sup>th</sup>**, in the Vestry Room, ahead of the Chapter meeting. And let's hear YOUR experiences!

## **NEW PROFESSIONAL ADVISORS**

*By Suzanne Johnston*

The purpose of the Professional Advisory Committee (PAC) is to furnish professional advice and support in order to promote the development of a credible and effective HLAA organization in the Rochester area. Following is more information on new PAC members:

### **Charles G. Perreaud**

Since 1977 I have been employed by the New York State Unified Court System. I started my career in general administration and advanced my career through positions including the Jury Office, Surrogate's Court becoming the Jury Commissioner for the New York State Courts in Monroe County in 1999. For a number of years I have served as the ADA Liaison for the Hall of Justice and have been a member of the statewide Court System ADA Advisory Committee. In this area I have had significant impact in the implementation and access to assistive listening technology and interpreting services for the deaf. As the most senior Court Manager in the Seventh District I have served on nearly every committee and continue to be a mentor to young managers.

Outside of my professional life, I was an elected member of the West Irondequoit Central School District Board of Education for 18 years, serving for ten consecutive years as that Board's President. I am embarking on my second year as an Adjunct at SUNY Brockport in the Criminal Justice Department where I teach Criminal Law and Police Process to undergraduates.

I also have been a reader for WXXI Reachout Radio--a service for the visually impaired--since 2013. I am married and the parent of 3 adult children.

## BE AWARE OF MEDICINES THAT CAN CAUSE HEARING LOSS

*(excerpt from Wisconsin NL – Fall 2016)*

Medicines that damage the ear and cause hearing loss are known as ototoxic medicines. They are a common cause of hearing loss, especially in people who have to take medicine on a regular basis. In most cases, hearing loss occurs because the medicine damages the cochlea in the inner ear.



Hearing loss caused by an ototoxic medicine tends to develop quickly. The first symptoms usually are ringing in the ears (tinnitus) and vertigo. Hearing usually returns to

normal after you stop taking the medicine. But some medicines can cause permanent damage to the inner ear, resulting in permanent hearing loss even if you stop taking the medicine.

Commonly used medicines that may cause hearing loss include:

Aspirin, when large doses (8 to 12 pills a day) are taken and Nonsteroidal anti-inflammatory drugs (NSAIDs), such as ibuprofen and naproxen taken in large doses. Certain antibiotics, especially aminoglycosides (such as gentamicin, streptomycin, and neomycin) are ototoxic. Hearing-related side effects from these antibiotics are most common in people who have kidney disease or who already have hearing problems. Some diuretics used to treat high blood pressure and heart failure, such as furosemide (Lasix) or bumetanide. Medicines used to treat cancer, including cyclophosphamide, cisplatin, and bleomycin.

According to WebMD, hearing-related side effects are more likely when you take two or more of these medicines at the same time. If you notice any hearing issues, it is important to report those issues to your doctor.

HLAA recommends that people with hearing loss discuss ototoxicity with your doctors when you receive prescriptions of any kind. There may be better alternatives in some situations.

A list of ototoxic medications, along with more about this issue can be found at:

<http://vestibular.org/ototoxicity>.

## CARS NOT SHUT OFF – DEATHS OCCUR

*(excerpt from Wisconsin NL – Fall 2016)*

Telecommunications for the Deaf and Hard of Hearing, Inc. Issues Letter of Concern to Toyota Motor Corporation Telecommunications for the Deaf and Hard of Hearing, Inc. TDI has issued a Letter of Concern to Toyota about carbon monoxide poisoning incidents affecting the deaf and those with hearing loss. More than a dozen deaths have been reported due to cars with key-less ignitions not being shut off when the occupant leaves the vehicle.

The obvious issue for those with hearing loss is that they can't hear the car's engine if it is left running.

Mention of goods or services in articles does not mean HLAA endorsement, nor should exclusion suggest disapproval.

## NEWS OF INTEREST...

**Carol Bradshaw** participated in the St. John's and RPO party to kick off the 2016-17 Pops Series, with a photo in the Fairport-ER Post of October 27<sup>th</sup>.

President Obama says that new airline regulations will improve flying. More protections for travelers with disabilities, who face obstacles like....entertainment that doesn't provide adaptations for deaf passengers. And, more.

*(from the D&C 10/23/16)*

Wegmans, who has been generous to our chapter in many ways, will be building a new store in Cary, NC. In addition, they have been cited as "top employer" by Fortune Magazine's Best Workplace in Retail. *(D&C 11/2/16)*

## HOLIDAY FACTS

**"The name of the African-American holiday of KWANZAA comes from the Swahili phrase for 'First Fruits' (*matunda ya kwanza*). This celebration of family, community, and culture began in 1966. *(Old Farmer's Almanac)***

**RBTL LIVE THEATRE—CAPTIONED!**

All performances are **Sunday, at 1:00 pm**

“Cirque Dreams Holidayze” – Dec. 18  
 “The Sound of Music” – March 5  
 “Wicked” – April 2  
 “Cabaret” – May 7

Tickets become available 6 weeks in advance of each show. Request seats in “open captions” viewing section. Call 222-5000; email, [info@rbtl.org](mailto:info@rbtl.org).

**GEVA THEATRE – CAPTIONED PLAYS !**

SAT. shows 2pm; WED. 2pm & 7:30pm  
 \*unless otherwise indicated

“A Christmas Carol” – SUN. Dec.4 @ 4:30pm;

Tues., Dec. 20 @ 2pm and 7pm

“**Sylvia**” - Sat. Jan. 14; Wed. Feb. 1

“**The Lake Effect**” - Sat. Feb. 4 @ 2:30pm

“**Guess Who’s Coming to Dinner**”  
 Sat. Feb. 18; Wed. March 8

“**Private Lives**” - Sat. March 25; Wed. April 12

“**Sex With Strangers**” - Sat. April 15 @ 2:30pm

“**Other Than Honorable**” - Sat. April 29; Wed. May 17

“**Million Dollar Quartet**” - Sat. June 3; Wed. June 21

Call the Box Office at 232-4382. Ask for seats in the “open captions” viewing section.

**Newsletter Deadline**

**Wednesday, Nov. 30<sup>th</sup>**

**(for the January Newsletter)**

**Email: [ggraham859@gmail.com](mailto:ggraham859@gmail.com)**

**JCC CenterStage – Captioned Plays! NEW**

All performances are **Sunday, at 2:00 pm**

--My Son the Waiter – Dec. 11  
 --The Hit Makers – Feb. 19  
 --The Flick – March 5  
 --Titanic, the Musical – May 14

Tickets and information are available at [www.jcccenterstage.org](http://www.jcccenterstage.org) or (585) 461-2000. *Please specify “Captioned Area.”* Tickets are \$26-29 with discounts for JCC members, full time students and season subscribers.



For Your Donation to HLAA:

--Phyllis & J. Stuart MacDonald Estate  
 --Dr. Ruth P. Oakley Estate  
 --Mary Tuckley Estate  
 --United Way Donors

In Memory of Bob Bradshaw: Carrie Becker

Walk4Hearing Donation: J. Scott and Sue Miller

Donation Above Membership:

L & J Arney, K. Barrett, R. Brennan, J. Burg, P. Callaway, J. Carter-D’Ambrose, L. Chaba, G. Cheney, M. Chizuk, D & P Cushing, S. D’Angelo, E.dePapp, J. Eckhardt, R. Edelman, P. Fackler, A. Fitelson, B. Fox, G. Graham, B. Hargrave, T. Hargrave, H. Hood, J. Howard, H. Humphrey, C. Kellner, R. Kohler, J. Kozelsky, W. Kunz, B. Law, E. Lumb, A. Maurer, B. McIsaac, A. McLetchie, J. McNamara, E. Miller, S. Miller, P. Mulich, J. Owens, C. Rasmussen, E. Siegfried, D. Smith, J. Termotto, R. Tetlow, J. Toenniessen

Thanks to all who have renewed their membership. If you haven’t yet, please consider a donation when you renew your membership. Thanks so much!

**HISTORICAL INFO**

In 1888, George Eastman received a patent for his roll-film box camera, and he registered his trademark: “Kodak.” (GVPS 10/15)

**THOUGHT FOR THE DAY**

More than half of the coastline of the entire United States is in Alaska .

*(author unknown)*



By Nancy Meyer

Did you know that our chapter has a Lending Library?

There are several books and DVDs available for members to sign out for a month at a time. They are on display along at the educational materials table near the speaker's podium/table at the front of our meeting room. Be sure to take a look to see what's there and sign one (or more) out. Since we want as many people to use them as possible, please be considerate and return them at the next month's meeting.

Members have donated books they have read and found helpful. If you have and would be willing to donate any materials you think may be of interest to the group, we would be most appreciative. Please bring them to any meeting you attend and we will add them to the collection-- with our thanks.

Our library includes Gael Hannan's new book, "The Way I Hear It" and Katherine Boughton's latest book, "Living Better With Hearing Loss." Both books are packed with information and insight into life as a deaf/hard of hearing person. Both were purchased at the 2015 National Convention in St. Louis which both authors attended. We also have Monique Hammond's "What Did You Say?" **Art Mauer's** novels, "Twisted Vines" and "Frackin' Lives" are available—both are very good reads.

Information and education are the tools we need to improve the quality of our communication, both with each other and with those without hearing loss. So please use our resources to your benefit. Happy Reading!!

### SOMETHING TO THINK ABOUT...

"A friend is one that knows you as you are, understands where you have been, accepts what you have become, and still, gently allows you to grow."

(By William Shakespeare; submitted by Joan Dennee')



**HOPE SESSIONS**  
 ("Hearing Other People's Experiences") – October 2016  
 By Joe Kozelsky

We had two HOPE sessions in Oct.--the first was before the Chapter Meeting and the second was at the Day of Hearing. There were lots of comments and questions before the Chapter meeting, and our session extended beyond the normal time allotment.

Questions and discussion ranged between:

- things you can do to hear better in noise
- assertiveness at restaurants re: seating
- the idea that although people don't like background noise, virtually everyone reports that, nevertheless, they hear better in background noise with their hearing aids than without
- things you can do to slow down people you're talking with, especially on the phone
- that sharp transients were the primary characteristic that people didn't like when comparing different hearing aids
- a good indicator when hearing aids might be needed
- ideas for the selection of a provider.

The Day of Hearing session discussed:

- the importance of the outer hair cells for making fine discriminations and why sometimes things are just not clear
- an explanation of what "selective hearing" is
- some things that hearing aids cannot fix
- difficulties hearing at work and especially at meetings in conference rooms
- a tip for understanding little children (not much of one though—this is hard!)
- the idea that hearing loss can result in a substantial reduction of effective listening distance
- advantage of personal FM systems
- what to do about hearing from room to room
- a tip for hearing the TV better.

As always, everyone learns something; especially the moderator. Our next HOPE session is **Tuesday, December 6<sup>th</sup>, 10:15 – 11am.**

### IF YOU MOVE

Please don't forget to notify **Cathy Lee**, at 22 Erie Manor Lane, apt.#6, Henrietta, NY 14467, or, via email at, [cathydisolvolee@gmail.com](mailto:cathydisolvolee@gmail.com), even if your change of address is a temporary one.

HLAA is charged for each piece of returned mail, which the Post Office will not forward. When you return, we will resume sending to your local address.

### NTID – Catherine Clark Honored

*By Vienna Carvalho*

Catherine Clark, an audiologist and faculty member at RIT's NTID, was honored by the 2016 Oticon Focus on People Awards, a national competition that celebrates people who are helping to eliminate negative stereotypes of what it means to be deaf or hard of hearing. Ms. Clark earned first place in the Practitioner category. As part of her award, she has designated the nonprofit Visions Global Empowerment as her choice for a \$1,000 donation from Oticon Inc.

In addition to her work at RIT/NTID, Ms. Clark has provided free hearing screenings to the Urban Outreach Project and has served with the Rochester Black Deaf Advocates and the executive board of the Rochester School for the Deaf.

In addition, Ms. Clark has published extensively and spoken at national and international conferences on inclusiveness, diversity and pluralism. She was recently honored by Visions Global Empowerment with the "Outstanding Dedication to Service" award for her service trips to Ethiopia where she provides audiological services and hearing aids to children and adults in Bahir Dar.

### LIKE US ON FACEBOOK !

*By Jenn Hurlburt*

Are you on Facebook? If so, please be our friend. We currently have **310** friends and we want more. Find us at: **Hlaa Rochester Ny**

### HLAA-Rochester's Holiday Good Deed



**Both** daytime and evening meetings will feature a Holiday gift box of personal care items destined for homeless people at the Veterans Outreach Center in Rochester.

### What can you contribute?

Any of the following (and things we haven't thought of) would be appreciated:

**Their current desperate need is for socks, underwear, neck ties, shirts—anything to make a professional appearance at a job interview.** Also, shampoo, conditioner, hair spray, comb/brush, soap, deodorant, feminine sanitary items, mittens/gloves, scarves, toothpaste/toothbrush, shaving cream, body powder, single pack tissues, etc.

**Please bring your donations no later than our December 6<sup>th</sup> chapter meetings.**

### No need to wrap your gift!

Thank you in advance for your generosity.

### We Welcome All Donations

Please make your check payable to: HLAA-Rochester  
*HLAA is a 501©(3) organization.*

Mail to: Ms. Joanne Owens, 1630 Woodard Road,  
Webster, NY 14580

*Be sure to designate:*

This donation is: In Memory of; or, In Honor of;  
or, Birthday congratulations.

And who to send the Acknowledgment to. Thank you.



Sincere happy birthday greetings to **Vern Thayer** who is 100 years young Dec. 4<sup>th</sup> and, **Ray Koenig** who will be 90 on December 30<sup>th</sup>. We wish you both more healthy and happy years.

## HEARING LOSS MUST BE RECOGNIZED AS A PUBLIC HEALTH CONCERN

*By Elise de Papp, M.D.*

Barbara Kelley, Executive Director of HLAA, was here in September and spoke at both program meetings. She talked about the National Academies June 2016 report on Hearing Health Care for Adults. The first conclusion of the report is that hearing loss must be recognized as a public health concern.

October 29 to November 2, **Don Bataille**, former President of our Chapter, presented a paper at the American Public Health Association convention in Denver. There were 12,000 attendees signed up. Don and **Mary Chizuk** have formed a subgroup for our chapter, Healthy Living with Hearing Loss, or, HL2. Many of you have undoubtedly participated in their study by filling out their questionnaire a few years ago. The project has resulted in a report that was presented by Don and **Dr. Steve Barnett** at the APHA convention. This is a huge success and has to be one of the first times a presentation on hearing loss has been presented to the APHA.

## WAYS TO EASE TINNITUS, AS SUGGESTED BY FACEBOOK READERS:

*(excerpt from Silicon Valley NL, Sept/Oct. 2016)*

- RELAX!!—This reduces many undesirable physical ailments.
- Exercise—This does not have to be strenuous exercise.
- Concentrate on some other activity or develop a new hobby.
- Listen to something that masks the Tinnitus. White noise works for many.
- Sing or hum along to Tinnitus that is in the form of music.
- Go with the flow—focus on enjoying the sound and eventually you may actually enjoy it.
- Accept that the Tinnitus is there and try not to get angry, annoyed or irritated. These negative reactions sometimes increase the Tinnitus.

## HOLIDAY HAIKU – *By Carolyn Coit Dancy*

the scent of woodsmoke  
from a neighbor's chimney  
falling snow

## CAPTIONING OF MONTHLY CHAPTER MEETINGS WILL BE CONTINUED !

Great news! Our Daytime and Evening monthly meetings will continue to be **captioned**.

The captioning is done remotely by Alternative Communication Services—it is flawless, plus the people doing the captioning are from all over the country! It's amazing to see the words almost instantly on the screen as soon as they're spoken. The service cost is \$3,000 a year and it is being paid by CaptionCall. CaptionCall has been a blessing in providing true access for everyone in our chapter...We thank you!

We also owe a huge debt of thanks to **Bruce Nelson, Tim Whitcher, Dan Brooks, and Charlie Johnstone** for overseeing the technical set-up needed for this service. Without their dedication in attending *all* meetings, this would not happen!

## WEBSITES OF INTEREST

Our award-winning Chapter website is: [www.hlaa-rochester-ny.org](http://www.hlaa-rochester-ny.org). **Michelle Gross** is our Web Master. HLAA National website is [www.hearingloss.org](http://www.hearingloss.org).

Our web master, **Michelle Gross**, has a suggestion for an online place where people share info, ask questions or provide answers/solutions, etc. It is called "Hear Peers" and is an online forum for people with CI's. <http://forum.hearpeers.com> )

*(submitted by Suzanne Johnston)*

Check out this link from one of our professional magazines--regarding cognitive strain for those with hearing loss. Go to: <http://tinyurl.com/z39y3be>

### BIRTHDAYS – 90 YEARS AND OVER...

Everyone: please let me know if you're one of our special Chapter members who will reach the spectacular age of 90 years, or more. If you agree, we'd like to announce it in our Newsletter. It is important to let me know right away as our Newsletters are written two months ahead. Thanks, Ginger  
[ggraham859@gmail.com](mailto:ggraham859@gmail.com); or, (585) 671-2683

This award-winning Newsletter of the Rochester Chapter of HLAA is published monthly except for July and August.

Editor and Publisher.....Ginger Graham  
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Webmaster, and Writer.....Michelle Gross  
News Releases, and Writer.....Janet McKenna  
Photographers.....Art Maurer, Al Suffredini

## “MY STORY” – A Personal History

*By Elise de Papp, M.D.*



My hearing began to get lost while I was still practicing medicine in the late 1990's. As a pathologist, it was rarely necessary to talk to patients, but conversation with colleagues was. I knew some of the “old guard” members of SHHH at the Tennis Club of Rochester, and was invited to speak at one of their meetings, as a newbie to hearing loss. Hearing loss is not why I retired – I was ready.

Like so many of us, it took a few years to do anything about the “hearing thing,” then came one hearing aid, despite the audiologist saying there should be two. I switched audiologists a few times after starting Osher at RIT (senior ed), where members get audiology benefits at NTID. But summer closure of their office became a problem and I shopped around for another audiologist, looking for the right fit. I joined HLAA-Rochester chapter on the advice of the NTID audiologist, thus becoming enlightened about hearing loss and becoming part of a communal group who understand living with hearing loss. In 2012, my first National HLAA Convention (in Providence, Rhode Island) opened an even larger world. For the past 5 years, I've crossed the country attending those conventions, always coming home with new friends and new knowledge.

[Osher@RIT.edu](mailto:Osher@RIT.edu), is hearing accessible, offering an FM assistive listening system in every classroom; and everyone is asked to use the microphone. I go there 4 days a week, often conflicting with chapter monthly programs. Right now I'm taking a course on wifi and Bluetooth as that's how my hearing aids work. As a retired pathologist, I'm interested in “how we hear,”--the cochlea is truly a marvel--too bad it wears out.

I live alone with my dog, Hedwig, who is also almost deaf. I've been married and unmarried, have 3 grown, accomplished children who live in the Philadelphia area, Boston, and Chappaqua NY. My passion for years was, and still is, horses, although I no longer ride. Two years ago I fulfilled a personal mission and won the Centurion award from the US Dressage Foundation--qualifications include riding a dressage test at a show, finishing the ride successfully, and the combined age of horse and rider has to be 100. Eight days later, the horse threw me off in Mendon Ponds Park and it dawned on me that it might be time to quit, while still able to get up and walk away!

### **Subjects of Jan. 3<sup>rd</sup> Chapter Meetings:**

**Daytime** –“What I Should Know About CI's:  
Q&A Session” – Dr. Mark Orlando

**Evening** - “How Our Brain Hears” –  
Elise de Papp, M.D.

**Flu Shots** – The CDC recommends getting your flu shot now. Because flu is contagious 1-2 days before symptoms appear, it can be spread before we know we're infected. For more info, go to: [www.cdc.gov/flu](http://www.cdc.gov/flu). And, be aware, that “the nasal spray version is not recommended for the coming flu season because it doesn't offer much protection” –Advisory Committee on Immunization Practices at CDC. (R.Vienne, D&C 9/24/16)

Mention of goods or services in articles or advertisements does not mean HLAA endorsement, nor should exclusion suggest disapproval.



## 100<sup>TH</sup> BIRTHDAY CELEBRATION

....and you are invited...



**Vern Thayer**, one of our chapter Charter members, will celebrate his 100<sup>th</sup> birthday on Sunday, December 4<sup>th</sup>, and our chapter members are invited.

Vern's daughter, Connie Welch, writes:

The time is **3:00 – 5:30pm**

Legacy Blossom

100 McAuly Dr. 14610      phone: 218-1000

If you get off of 590 at the Blossom road exit, take Blossom to Clover St., Turn right into the Legacy. Go around to the back entrance of the building and walk straight ahead to the elevator and take it to the second floor. The Optima Dining room is just to the left as you get off the elevator.

If you go in through the front door, you will need to sign in and then ask directions from the person at the front desk. There is parking in both back and front of the building (more in the front). Vern's family will provide coffee, water, appetizers and cake.

**RSVP** to Connie Welch before November 29<sup>th</sup> at [cwelch2@rochester.rr.com](mailto:cwelch2@rochester.rr.com), so they'll know how large a cake to buy!

## BUY YOUR CHRISTMAS TREE FROM TROOP 31

*By Laura Chaba*



Boy Scout Troop 31 has been volunteering and offering their manpower to support our Walk4Hearing each year. They have been an invaluable help. Now it's our turn to "pay it forward." For many years, the troop has sold high quality trees, wreaths and boughs to support summer camp opportunities and programming for the boys. Won't you consider buying your tree from them this year? They have sizes from table trees, apartment size, high ceiling, and several varieties as well.

**Where:** Corner of East Ave and Meigs St. (in the Third Presbyterian Church parking lot)

**When:** Everyday from November 28<sup>th</sup> til December 24<sup>th</sup> or, until all the trees are gone. Cash or checks only.

## AIRPORT RECEIVES \$40 MILLION GRANT

*By Michael Giardino and Jennifer Hanrahan*

The Greater Rochester International Airport (ROC) serves as a vital and valuable transportation resource to Rochester, the County of Monroe and the Finger Lakes region of New York State.

ROC was recently awarded a \$40 million grant available through the Upstate Airport Economic Development and Revitalization Initiative.

ROC's project plan includes improving the first impression approach and access to the Airport, via roads, signage and lighting, and creating a state-of-the-art canopy covering for the Airport's passenger entrance. Other improvements include an upgraded ticketing lobby, improved passenger circulation, and a redesigned passenger security checkpoint.

Inside the terminal, smart technology integration will allow for a near "barrier free" communication between travelers with disabilities and our facility. The Airport continues to collaborate with institutions of higher learning and local non-profits to conceptualize, develop and test and refine aviation industry related technologies. To leverage these partnerships, the ROC proposal also includes a feasibility study for an Airport Technology Incubator designed to create jobs and stimulate innovation. Incubation innovations would particularly focus on "smart disability" technologies for private-public partnerships. This includes the creation of "maker space" dedicated to researching and developing solutions to improve communications for passengers with disabilities. The surrounding community has many resources in this area, including NTID.

*(continued on page 10)*

## AIRPORT *(continued from page 10)*

Improvements to achieve a near “barrier-free” terminal may include: T-Coil, FM, loops connecting hearing aids with the building public address systems, text-to-speech and sign technology implementation, visual messaging on monitors positioned throughout the terminal, smart building lighting integrated with messaging, color shift lighting of boarding gate areas integrated with flight information used to direct passengers to departure gates, and a Bluetooth network throughout the terminal that will provide for passenger connections for building wayfinding.

For more information visit [www.rocairport.com](http://www.rocairport.com).

## “DAY OF HEARING” – A SUCCESS!

*By Sue Miller*

Nazareth College, Lifespan, and the Rochester Chapter of Hearing Loss Association of America, Inc. joined together on October 7th for the annual *Day of Hearing*. It was held in the new “York Wellness and Rehabilitation Institute” at Nazareth College and as several people said, “A wellness venue is a perfect location for this event!”



Nazareth grad students, supervised by Dr. James Feuerstein, oversaw hearing screenings for approximately 70

people. Those who failed their screening were encouraged to see their primary care physician or an audiologist.



Workshops related to hearing loss were offered throughout the day in a state-of-the-art classroom at Nazareth.

Those presenting were Michelle Crye, AOS, HIS; Dr. Ron D’Angelo; retired audiologist, Joseph Kozelsky; Dr. Matt

MacDonald; Dr. John McNamara; Dr. Deborah Sanderson and Dr. Ramona Stein. Their topics covered a broad spectrum of subjects associated with hearing loss, such as tinnitus, vertigo, ALD’s, help your audiologist help you, HOPE sessions, and, does your hearing aid fit?

Exhibitors demonstrated assistive listening and alerting devices, while Drs. Christine Stein and Mina Steele, using an otoscope, provided attendees with a view of their ear canal and tympanic membrane or eardrum.

Wegmans donated (ten) \$25 gift cards, and winners were thrilled when **Dan Brooks** drew their names from the red and white polka dotted raffle box.



Light refreshments were served throughout the day, much to the delight of the attendees. The Planning Committee consisted of **Fred Altrieth, Dan**

**Brooks, Paul Caccamise, Margaret Cochran, Dr. James Feuerstein, Barbara Gates, Ginger Graham, Cindy Kellner, Mary Rose McBride, Art Maurer, Janet McKenna, Sue Miller, Bruce Nelson, Al Suffredini, and Charlie Treat.** Committee members considered the event an outstanding success and look forward to next year’s *Day of Hearing* at Nazareth College on Friday, October 6, 2017, so please mark your calendars and plan to join us!

*(photos courtesy of Art Maurer)*

## OPEN CAPTIONS AT JCC CENTERSTAGE

*By Janet McKenna, AB, MLS*

The JCC in Brighton initiated its open-captioning system with “Church & State” Oct. 23. Amazingly, I understood the play. Although we sat in two different locations, all three HLAA members viewed the captions clearly. By combining an FM receiver and seats close to the stage with peeks at the captions, I could follow all the dialog—a remarkable success for this one-time theatergoer whose deafness had forced her to abandon the stage.

*(continued on page 11)*

## DID YOU KNOW.....

When family and friends visit during the holiday season.....

The **Planetarium** has a Hearing Loop to accommodate people who wear a hearing aid or CI with a telecoil (T-switch). It is advisable to mention at the box office that you will be using the Hearing Loop system---so they can turn it on!



Also, the **Dryden Theatre** at the George Eastman Museum is now looped for your movie viewing.

The **Little Theatre #2** has recently been looped.



### POINSETTIA POINTERS

- Remove the foil from around the pot.
  - Place in a sunny window, but don't let the leaves touch the glass.
  - Allow the soil to dry between watering.
  - Keep the room temperature cool to prolong the period of blooming.
  - Don't fertilize while plant is in flower.
- (Old Farmer's Almanac)

## CHRISTMAS FACTS



In 1818, "Silent Night (Stille Nacht)" was publicly performed for the first time during the Christmas Midnight Mass at the Church of Saint Nikolaus in Oberndorf, Austria.

In 1951, Gian Carlo Menotti's "Amahl and the Night Visitors" (the first opera written specifically for television) was first broadcast by NBC-TV.

## FOR THE HOLIDAYS, AND ALL YEAR...



"Each of us is an angel, with only one wing,  
And we can fly only by embracing each other."  
*(author unknown)*

## OPEN CAPTIONS AT JCC *(cont. from page 10)*

GEVA, whose captioning system was funded by HLAA Rochester Chapter, had rented its system to JCC. And, JCC is now applying for grant funds for its own system.

A few days after inaugurating the OC, JCC began reaping dividends. Ralph Meranto, Artistic Director and Producer of CenterStage, who's been HLAA's contact person, observed: "A volunteer making calls for non-renewed subscribers told someone about captioning, and it went from, "I can't come any more" to "sign me up." Wonderful!

## SEASONS GREETINGS TO ALL..

Our January Chapter Meetings will be Tuesday, January 3<sup>rd</sup>.



We wish everyone a happy holiday season, filled with peace, love, happiness, and good health in the new year.

Sincerely, *Ginger, Janet, and Michelle*



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**HLAA Membership Information**

Hearing Loss Association (HLAA) Rochester Chapter, Inc., a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from October through June at St.Paul’s Episcopal Church, East Ave. (September is 2nd Tuesday.) While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability.

For more information, Call  
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**Newsletter**

*Newsletter deadline: first day of the month preceding the issue month.*

*Send articles to:*

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 Webster, NY 14580*

***ggraham859@gmail.com***

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Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through information, education, support and advocacy.

HLAA is the nation's foremost membership and advocacy organization for people with hearing loss. HLAA publishes the bimonthly Hearing Loss Magazine, holds annual conventions, a Walk4Hearing, and more. Check out: [www.hearingloss.org/](http://www.hearingloss.org/).

The Rochester Chapter is a dynamic group of individuals working together as a team. To join, please see inside back page. HLAA has a support network of organizations—Bethesda, MD; State organizations; and, local Chapters. Welcome!

### **Meetings are hearing accessible**

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman Museum. Parking is available at the George Eastman Museum, if needed.

All meetings are audio looped and captioned. Interpreters are available on request *for evening meetings only*-- contact Linda Siple, 585 288 6744, or at [lasnss@rit.edu](mailto:lasnss@rit.edu), at least a week in advance. **(This phone number is only to request an Interpreter.)**

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