



Telephone: (585) 266-7890  
 Email: hlaa.rochester@yahoo.com  
 Website: <http://www.hearinglossrochester.org>

**MAY Calendar**

**Tuesday, May 7<sup>th</sup>**

**10:00 am – HOPE Session**–Vestry Room, St. Paul’s

Daytime Chapter meeting:

**11:00 am** - Refreshments/Social Time- Parish Hall

11:30 am – Announcements

12 Noon – 1 pm – Program Speaker

Evening Chapter meeting:

**7:00 pm** – Refreshments/Social Time – Parish Hall

7:30 pm – Announcements

8:00 pm – 9 pm – Program Speaker

**Tues., May 14<sup>th</sup>** - BOD – 7-9pm – Al Sigl Center

**Thurs., May 16<sup>th</sup>** - Device Demo Center, Lifespan, from 10am to 2pm, free to all. (see page 8)

**Tues., May 21<sup>st</sup>** –ANNUAL DINNER – 6-9pm – at Cobblestone Creek Country Club, Victor 14564 (see page 11)

**SAVE THESE FUTURE DATES**

**Tues., June 11<sup>th</sup>** – BOD – 7-9pm – Al Sigl Center

**Thurs., June 20** – NO Device Demo Center, Lifespan

**June 20-23** - HLAA NATIONAL CONVENTION Hyatt Regency Hotel, Riverside Convention Center (see page 6)

**Hospitality Duties for MAY:**

Daytime Meeting –Judy Markowski, Janet McKenna, Gerry Ride

Evening Meeting –Lisa Bailey, Ginger Graham

Board of Directors –Bruce Nelson, Al Suffredini, Chris Suffredini



**HLAA National Convention coming to town! More than 50 local members already signed up!**

**(more info, p. 6)**

**MAY PROGRAMS**

At St. Paul’s Church, East Ave. & Westminster Rd. 14607  
**(Enter only through the Westminster Road door.)**

**Tues., MAY 7<sup>th</sup> - 10:00am - Vestry room HOPE (Hearing Other People's Experiences) session** – Joe Kozelsky, MS, abd, CCC-A retired.

Prospective, new or long-time hearing aid users share their experiences, questions, and hearing loss journeys in an informal round table discussion facilitated by retired audiologist and hearing aid user, Joe Kozelsky. All are welcome!

**Tues., MAY 7<sup>th</sup> -Daytime Meeting -11am-1pm Speaker begins at Noon** in the Parish Hall.

**HELEN KELLER’S ROCHESTER CONNECTION** - *Allis D’Amanda*

The mansion housing the Rochester Academy of Medicine at 1441 East Ave. was built in 1912 by prominent citizen Edmund Lyon...an inventor, humanitarian, philanthropist and manufacturer. Notably, he was a volunteer teacher at the Western New York Institute for Deaf-Mutes, now Rochester School for the Deaf, where he met his wife. Mrs. Lyon had a hearing loss. In his activities with this population, he was associated with Alexander Graham Bell and Helen Keller.

*(continued on page 2)*

**Tuesday, MAY 7<sup>th</sup> – Daytime** (continued)

According to Allis D’Amanda, a Lyon granddaughter: “Helen Keller came to Rochester School for the Deaf as a child with her teacher Annie Sullivan and remained a friend of my family for the rest of her life.”

Mrs. D’Amanda tells us the fascinating history of Helen Keller’s interaction with the house and its inhabitants. After Mr. Lyon’s death in 1920, the mansion remained in the family until they donated it to the Rochester Academy of Medicine in 1939.

**Tues., MAY 7<sup>th</sup> – Evening Meeting–7:00-9pm**  
**Speaker begins at 8:00 pm****COCHLEAR IMPLANT TECHNOLOGY UPDATE: WHAT’S NEW AT UR AUDIOLOGY?- Megan Wightman, Au.D.**

The world of cochlear implants seems to change monthly with the release of new accessories, implants, and sound processors. As well, candidate criteria are expanding. Dr. Wightman will explore the latest implant technology used at UR Audiology and who might benefit from it.

Megan Wightman has been a clinical audiologist at UR Medical Center since 2013. As a member of the cochlear implant team, she has worked with candidates and recipients helping both children and adults navigate the implant process.

*All HLAA programs are free. Anyone interested in hearing loss is welcome. For more information, view the organization's web site at [www.hearinglossrochester.org](http://www.hearinglossrochester.org) or telephone 585 266 7890.*

*The Rochester Chapter is a dynamic group of individuals working together as a team. HLAA has a support network of organizations: Bethesda, MD; state organizations; and local chapters.*

**SOMETHING TO THINK ABOUT...**

*(submitted by Sue Miller)*

“Don’t wait for people to be friendly, show them how.” *(Henry James)*

**FROM OUR PRESIDENT, AND, VICE-PRESIDENT**

*By Dan Brooks and Suzanne Johnston*



“Your hearing health is priceless.” A recent advertisement for hearing aids seen in a local magazine reminds us that we need to pay attention to taking care

of our hearing. The difficulty for many of us is that this often means navigating an unwieldy health care system, and spending many hours and hard-earned dollars on what can be a device which is ultimately unsatisfactory. Granted, no technology closely mirrors what our amazing body should be able to do, but with the right guidance, support and fitting, we can achieve real benefit!

But a hearing aid is only a part of the bigger solution. A hearing loss means that there are other ‘good habits’ we need to train ourselves to use to accommodate hearing difficulties. These involve UNDERSTANDING, ACTION, and PRACTICE accommodating our hearing loss.

The complicated identification and management of hearing loss means that we all need to work to first UNDERSTAND what we are dealing with, and what to expect for the future. How do our members work to understand their hearing needs? At its meetings on the first Tuesday of each month, HLAA-Rochester provides **monthly educational programs** and introduces respected professionals from our community who are experts in understanding hearing loss. A support group (**Hearing Other People’s Experiences – HOPE**) run by experienced professionals held prior to the daytime meeting assists members in understanding hearing loss, needs and management. Our membership and **Board of Directors** as well as the organization’s **Professional Advisory Committee** are populated with people who have long dealt with

*(continued on page 3)*

## PRESIDENTS COLUMN – (continued)

hearing loss, as well as professionals in hearing understanding, diagnosis and treatment. They provide superlative resources for our members and the organization.

Once we feel we have a good grasp of our situation for now and into the future, we want to know what ACTION we can take to combat the difficulties we might be experiencing. On the third Thursday of each month, our Chapter supports a **Device Demonstration Center** which is held at the Lifespan facility. The “Demo Center,” as it is fondly called, carries a variety of devices for individuals to look at and try. The center is staffed by volunteers who have longstanding experience with hearing technology and can respond to questions visitors might have about options available. HLAA-Rochester is also connected with a variety of area professionals who can work with individuals to develop environmental management, behavioral, speech and listening skills and habits which will support communication and listening.

After we know what we can do to manage hearing loss, we need to PRACTICE using the supports we have to manage our challenges. Our Chapter offers **organized meetings as well as regular social opportunities** to its members to allow for support and connection. HLAA-Rochester’s phenomenal award-winning **Website** ([www.hearinglossrochester.org](http://www.hearinglossrochester.org)) as well as its award-winning **Newsletter** have a plethora of information and web links which can connect you to groups and other resources in our community.

And so, yes...our hearing is priceless, but more importantly, our ability to manage our hearing loss is invaluable. HLAA-Rochester is proud to be an essential resource for that need.

## HAIKU

*By Carolyn Coit Dancy*



“temple path  
the distant chime  
of a wind bell”

## MOTHER’S DAY

*(from the Old Farmer’s Almanac)*



After her mother died in 1905, Miss Anna Jarvis campaigned for a national day to honor all mothers. On May 10, 1908, a Mother’s Day service was held at a church in Grafton, West Virginia. In 1914,

Mother’s Day was declared an annual national holiday on the second Sunday in May.

Love to all Mothers!

## “COCHLEAR IMPLANT GROUP” MEETING

*By Ginger Graham*

We had a terrific meeting April 2<sup>nd</sup>, following the Daytime Chapter meeting, with 17 people in attendance. A few were new and possible candidates for an implant.

The seasoned members were eager to share their stories, and they encouraged everyone to contact any of us for a one-on-one session.

**Janet McKenna** led five speakers to share their experiences: **Bill Crowley**, **Dr. John Eckhardt**, **Marsha Sengas** (for her daughter Lara), **Nancy Shepard**, and **Al Suffredini** (who spoke on his new Nucleus 7). Janet then covered some “Myths” about Cochlear Implants.

Our next meeting will be October 1<sup>st</sup>. Watch our Newsletters for details. We hope to see you then.



**HOPE meets at 10:00 am in the Vestry Room at St. Paul’s**, first Tuesday of the month. (**Hearing Other People’s Experiences**) We hope you stay for our routine Chapter Meeting:

Social Time-- 11:00 – 11:30am, Parish Hall.

Brief announcements-- 11:30 – Noon.

Chapter Meeting speaker May 7-- Noon to 1:00pm.

“Helen Keller’s Rochester Connection” with Allis D’Amanda relating the history of the mansion housing the Rochester Academy of Medicine and Ms. Keller.

**RBTL LIVE THEATRE—CAPTIONED!**

All performances are **Sunday, at 1:00 pm**

June 9, 2019 - **Waitress**

(new season not yet available)

Tickets become available 6 weeks in advance of each show. Request seats in “open captions” viewing section. Call 222-5000; email, [info@rbtl.org](mailto:info@rbtl.org).

**GEVA THEATRE – CAPTIONED PLAYS !**

Sat. shows 2pm;

Wed. 2pm & 7:30pm

unless otherwise indicated

Sat., May 4; Wed. May 29 – **Revival: The**

**Resurrection of Son House**

Sat., Sept. 7; Wed., Oct. 2 – **La Cage Aux Folles**

Sat., Oct. 26; Wed., Nov. 13 – **The Niceties**

Nov. 9 @ 2:30pm – **Queen**

Sun., Dec. 8 @ 12 Noon – **A Christmas Carol**

**new season 2020**

Sat., Jan. 18; Wed., Jan. 29 – **Slow Food**

Sat., Feb. 22; Wed., March 18 – **ONCE**

Sat., March 7 @ 2:30pm – **Cry It Out**

Sat., April 4; Wed., April 22; **Looks Like Pretty**

Sat., April 25 @ 2:30pm – **Where Did We Sit on Bus?**

Sat., May 9; Wed., May 27 - **Vietgone**

Call the Box Office at 232-4382. Ask for seats in the “open captions” viewing section.

**JCC CenterStage – Captioned Plays!**

Wed/Thurs @ 7pm; Sat/Sun @ 2pm  
unless otherwise indicated

Sun. May 12; Wed. May 15 –  
“**Oklahoma**”

Sun., July 21 – “**Disney’s Newsies**”

Sun., Nov. 10; Thurs., Nov. 14 – “**Division Street**”

Sun., Dec. 15; Thurs., Dec. 19 – “**Raging Skillet: The True Life Adventures of a Punk Rock Caterer**”  
**new season 2020**

Sun., Feb. 9; Wed., Feb. 12 – **Hit Makers—Origins of Classic Rock**”

Sun., April 12; Thurs, April 16 – “**Sweat**”

Sun., May 10; Wed., May 13 – “**Mamma Mia, musical**”

Tickets and information are available at [www.jccccenterstage.org](http://www.jccccenterstage.org) or (585) 461-2000. Please

specify “Captioned Area.” Tickets are \$26-33 with discounts for JCC members, full-time students and season subscribers.

**NTID THEATRES**

**PANARA THEATRE - captioned**

**Thur/Fri.-7:30pm; Sat.-2pm, 7:30pm**

**Sun.-2pm (unless otherwise indicated)**

NO INFORMATION AVAILABLE YET.

**MAGIC SPELL THEATRE – captioned.**

NO INFORMATION AVAILABLE YET.

Panara Theater parking in Lot “L”

Magic Spell parking in Lots “E” & “F”

Cost: \$12 general public More Info:

[https://www.rit.edu/cla/finearts/theatrearts/cla-ntid\\_18-19jointseason](https://www.rit.edu/cla/finearts/theatrearts/cla-ntid_18-19jointseason).

**CAPTIONED MOVIES AT CINEMA THEATRE**

*By Gaelen McCormick*

All Wednesday movies at the Cinema are **open caption.** They rotate movies every week and are a LOT less expensive than the AMC and Regal cinemas. Check local listings and [www.cinemarochester.com](http://www.cinemarochester.com) or [www.captionfish.com](http://www.captionfish.com) 957 Clinton Ave. S. (14620); 271 1785; Free parking in Dollar Tree lot across the street. Handicap parking behind Cinema.

**CONDOLENCES**

As previously announced:  
**Barbara (Bobbie) Hargrave** passed away March 5<sup>th</sup>.  
(Bobbie was the wife of Mark Hargrave who was one of the

founding members of our Chapter.) A celebration of her life will be Saturday, May 4<sup>th</sup>, at 11:00 am, at St. Paul’s Episcopal Church, East Ave. at Westminster Rd. (14607).

Our sincere sympathy goes out to the family and friends of **Janet Ceratt** who passed March 16<sup>th</sup>.

## CAPTIONING OF MONTHLY CHAPTER MEETINGS WILL BE CONTINUED !

Great news! Our Daytime and Evening monthly meetings as well as the CI Group meetings will continue to be **captioned**. The captioning is done remotely by Alternative Communication Services—it is flawless, plus the people doing the captioning are from all over the country! It's amazing to see the words almost instantly on the screen as soon as they're spoken. The service cost is \$3,000 a year and it is being paid by CaptionCall. It will be the 8<sup>th</sup> year Cameron Tingley has offered to underwrite the cost of this invaluable service. By June 2019, CaptionCall will have spent \$24,000 to have our meetings captioned...aren't we blessed! and we thank you!

We also owe a huge debt of thanks to **Dan Brooks, Lorin Gallistel, Charlie Johnstone, and Bruce Nelson** for overseeing the technical set-up needed for this service. Without their dedication in attending *all* meetings, this would not happen!

## STUDENT BOARD - ROCHESTER CHAPTER

Our chapter has a Student Board and welcomes students with or without hearing loss to participate. Please go to our website for details. Contact: Suzanne Johnston at [suzannejohnston@aol.com](mailto:suzannejohnston@aol.com).

### **BIRTHDAYS – 90 YEARS AND OVER...**

Everyone: please let me know if you're one of our special Chapter members who will reach the spectacular age of 90 years, or more. If you agree, we'd like to announce it in our Newsletter. It is important to let me know right away as our Newsletters are written two months ahead. Thanks, Ginger  
[ggraham859@gmail.com](mailto:ggraham859@gmail.com); or, (585) 671-2683



### For Your Donation to HLAA:



--Phyllis & J. Stuart MacDonald Estate  
--Dr. Ruth P. Oakley Estate  
--Rochester Area Community Foundation  
--Mary Tuckley Estate

In Memory of Janet Ceratt: Melinda Ceratt, Shanna Sellers, Christine A. Wilbur

In Memory of Barbara Hargrave: Scott/Sue Miller

In Memory of Andy Howard: Judith S. Howard

In Memory of Al Saia: Marjorie Saia

*Please consider a donation when you renew your membership.*

### Newsletter Deadline

**Tuesday, April 30<sup>th</sup>**

**(for the June Newsletter—our last Newsletter until September)**

Email: [ggraham859@gmail.com](mailto:ggraham859@gmail.com)

***We need your support! Rising costs are making the mailing of Newsletters to non-dues paying members difficult. Please pay your dues! Only \$10. Thanks so much. (Please see form inside back cover.)***



## SUBJECTS OF UPCOMING MEETINGS

**Tuesday, June 4<sup>th</sup>**

**Daytime meeting:** *Hearing aids and noise: a visual explanation of the challenges and some solutions - with James Feuerstein, Ph.D.*--Hearing loss impacts the ability to understand in noise. How can hearing aids and assistive technologies help overcome this disability?

**Evening meeting:** **To be determined.**

### **LIKE US ON FACEBOOK !**

*By Jenn Hurlburt*

Are you on Facebook? If so, please be our friend. We currently have **346** friends and we want more.  
Find us at: **Hlaa Rochester Ny**

## NEW NYS REQUIRED COURSE FOR AUDIOLOGISTS AND HEARING AID DISPENSERS

*By Kristen J. M. Nolan, MS, CCC-A*

Starting January 1, 2019 Audiologists and Hearing Aid Dispensers are required to take a one-hour Telecoil & Assistive Listening Devices Course. (This course is in addition to the already required one-hour Professional Conduct and one-hour Infection Control Courses.) Another new requirement is that all these courses can no longer be taken online. The courses must be taken in person and must be completed prior to the renewal of the New York State Hearing Aid Dispensing License. Audiologists have two New York State Licenses, one is for Audiology and the other is for the Hearing Aid Dispensing. The NYS Audiology License is renewed every three years and requires 30 continuing education credit hours to be completed. The NYS Hearing Aid Dispensing License is renewed every two years and requires four credit hours to be completed.

In the new Telecoil and Assistive Listening Devices course, we discuss the importance of a telecoil as well as where and how they can be used. We also review many Assistive Listening Devices such as amplified telephones--both corded and cordless, amplified telephone signalers, amplified alarm clocks, alerting devices (such as smoke detectors) and Bluetooth technologies.

These three courses need to be taken by an approved New York State course instructor and the courses themselves need to be approved by New York State. To find a course near you, please go to [https://www.dos.ny.gov/licensing/hearingaid/hearingaid\\_coned.html](https://www.dos.ny.gov/licensing/hearingaid/hearingaid_coned.html) then call one of the approved locations listed to find out when the next course will be available. **Sounds for Life of Pittsford will be offering all three courses on May 31, 2019.** For more information: (585) 248-5212, or [www.SFLHearing.com](http://www.SFLHearing.com).

SOMETHING TO THINK ABOUT...“Science has never drummed up quite as effective a tranquilizing agent as a sunny Spring day.”

*(By W. Earl Hall, Post 4-20-18)*

## HLAA CONVENTION 2019– PLAN TO COME!

*By Sue Miller*



Can you believe the national Convention is returning to Rochester?! In 1988, the Rochester Chapter hosted the third national convention,

and we assumed we would never have another opportunity. June 20 – 23, will provide that incredible chance again....so sign up and plan to attend!

The **Exhibit Hall** with every hearing and listening device you could ever imagine will be available to you...the **workshops** provide information and education that you'll love. The **Gala dinner** and entertainment will be terrific, especially since national is celebrating its 40<sup>th</sup> anniversary. (And remember, our chapter is celebrating its 36<sup>th</sup> anniversary this year...so it's a double celebration!) Come to support members from Rochester who have won national awards—Ann Marie Cook, Lifespan; and Don Bataille and Barb Law, from our Chapter.

You'll have the opportunity to meet new people from all across the country as well as see your Chapter friends. When a Convention is held on the East Coast, the turnout it always fantastic and provides an extra spark of enthusiasm, which you won't want to miss.

So far, more than 50 people from our Chapter have signed up to attend the convention...it will be like 'old home week,' and you'll love every minute of it!

For more info and also to register, Go to: <http://www.hearinglossrochester.org/hlaa-events>, or <https://www.hearingloss.org/programs-events/convention>

### AWARDS TO OUR MEMBERS:

**Ann Marie Cook, Lifespan** – “Professional Advisory Committee Award”

presented Wednesday eve, June 19<sup>th</sup>

**Don Bataille; Barb Law**—“Spirit of HLAA Award”

presented Saturday eve, June 22<sup>nd</sup>

## WEBSITES OF INTEREST

Our award-winning Chapter website is: <http://www.hearinglossrochester.org>, and **Michelle Gross** is our Web Master. HLAA National website is [www.hearingloss.org](http://www.hearingloss.org).

## LIFESPAN – May Activities

*By Mary Rose McBride*

Lifespan is hosting Information & Inspiration--a set of 17 free workshops for older adults and caregivers.

Lifespan is located at 1900 S. Clinton Avenue, in the Tops Brighton Plaza (between Elmwood & Westfall). RESERVATIONS ARE REQUIRED.

Register online at [www.lifespanrochester.org](http://www.lifespanrochester.org), or call 585-244-8400, ext. 201.

### IF YOU MOVE, or are a “SNOWBIRD!”

Please don't forget to notify **Henry J. Adler, Ph.D.**, Univ. of Buffalo, 137-L Cary Hall, 3435 Main St., Buffalo NY 14214; or – [hjadler@aol.com](mailto:hjadler@aol.com), even if your change of address is a temporary one.

HLAA is charged for each piece of returned mail, which the Post Office will not forward. When you return, we will resume sending to your local address.

## HEARING OTHER PEOPLE'S EXPERIENCES

*By Joe Kozelsky, MS, CCC-A (retired)*



We had a huge gathering on March 5<sup>th</sup> with 19 people in attendance; then a smaller group of 11 people April 2<sup>nd</sup>.

One of the common questions we hear is, “What is the difference between audiologists and commercial dispensers?” I have always talked about the differences in educational backgrounds between the two sectors but this has never really been clarifying for some people. In the March meeting, I pointed out that audiologists are not trained to be hearing aid dispensers, but rather are trained as “clinical audiologists.” As such, audiologists are trained as health-related, helping professionals, with an interest in the entirety of the non-medical

rehabilitation needs of individuals with hearing loss. Hearing aid dispensing is only one component of the audiologist's training. This distinction seemed to make sense for some of the new people.

Someone complained about trouble hearing in the car because of road noise, and I mentioned a strategy that one of my former patients used. He had learned to mute or turn off the hearing aid on the road side, and just use the hearing aid on the side of the person he was listening to. This technique is also useful when in a noisy place and can allow the user to focus better on conversations.



**Our United Way number is 2425.**

Your past support is deeply appreciated. As with other gifts, your donation enables our chapter to continue to provide education, help, and advocacy for people with hearing loss, their family and their friends. Alas, even though the local chapter is a totally volunteer organization, there are still costs such as printing, postage, phones, and technical items. Many thanks!

### We Welcome All Donations

Please make your check payable to: HLAA-Rochester  
*HLAA is a 501©(3) organization.*

Mail to: Ms. Joan Kohler  
15 Pickett Lane  
Hilton, NY 14468

*Be sure to designate:*

This donation is: In Memory of; or, In Honor of,  
or, Birthday congratulations. And who to send the Acknowledgment to.

With sincere thanks for donating to our Chapter!

***We need your support!  
Rising costs are making the mailing of Newsletters to non-dues paying members difficult. Please pay your dues! Thanks so much.***



“In 1943, during WWII, the US Marine Corps Women's Reserve was officially established.”  
*(D&C 2-11-17)*

## ASSISTIVE LISTENING DEVICE DEMO CENTER

By Charlie Johnstone



Thanks to the enthusiastic efforts of those involved, the Demo Center session on

Thursday, April 18th was a great success!

Visitors were very appreciative of the attention and help they received. There are few places where people with a hearing loss can go to get instant help and quality, free information! Lifespan's generosity, combined with the hard work and contribution of so many volunteers, really makes a difference!

The types of devices represented during the demo sessions include signaling-alerting devices, captioned telephones, and personal assistive listening devices [with an emphasis on TV listening and coping with noisy environments].

The next demo session at Lifespan is **Thursday, May 16<sup>th</sup>, 10am to 2pm.** The device center is open the 3<sup>rd</sup> Thursday of each month (except July and August, or when Lifespan is closed).

There will NOT be a demo session in **June** because the **HLAA National Convention** will be held here in Rochester June 20-23! We encourage you to register and attend the convention. Among many featured events, manufacturers and distributors of assistive devices will be showing their products in the Exhibit Hall. Admittance to the exhibits is open to the public at no charge. There are registration fees to attend other aspects of the convention. A link to info about the convention and registration follows:

<https://www.hearingloss.org/programs-events/convention/>



**PLAN TO COME! Sunday, August 18th**

“Members Appreciation Picnic” at the Pavilion in Ellison Park. For members, family, and friends.

Details follow in our June Newsletter.

## HEARING CONSERVATION AWARENESS, WHY IS IT IMPORTANT!

By Dr. Greg Horton, Au.D



When most people think about the term “Audiology” the first thing that comes to mind is “hearing aids.” It is no secret that audiology is typically a reactionary field, one where we help diagnose and treat individuals with hearing loss and other conditions. What many people often forget is that hearing conservation is a critical part of audiology and protecting hearing is just as important as our reaction to hearing loss.

Prior to 1981, a time before the Occupational Safety & Health Administration (OSHA) regulated noisy work environments, millions of people were exposed to dangerously loud levels of occupational noise, resulting in permanent hearing loss. Today's employers have become more responsible about following OSHA regulations. But, there are some industries still not regulated such as small farming operations and the music and entertainment sector.

Most musicians, professionals and hobbyists of all styles, have experienced repeated loud rehearsal and performance environments. Many have already developed permanent damage to their hearing as well as tinnitus (ringing in the ears). Without regulations, it is up to musicians to educate and advocate for themselves when it comes to the risks of prolonged exposure to music genres of all styles.

Rochester Hearing & Speech Center is proud to be hosting a free community workshop on hearing conservation directed specifically toward musicians and those in the entertainment industry. This event will be held at Three Heads Brewing, 186 Atlantic Ave. (14607) on Sunday, May 19<sup>th</sup> from 1-3 pm.

FB Event -

<https://www.facebook.com/events/391946194915662/>

**Like us on Facebook**

**@rochesterhearingandspeech.**



This award-winning Newsletter of the Rochester Chapter of HLAA is published monthly except for July and August.

Editor and Publisher.....Ginger Graham  
Computer Consultant,

Webmaster, and Writer.....Michelle Gross  
News Releases, and Writer.....Janet McKenna  
Photographers.....Art Maurer, Al Suffredini

## BEETHOVEN – WHAT IT’S LIKE TO BE DEAF!

*(From Vol. 11, The Story of Civilization, Will and Ariel Durant, 1975 - Chapter 28 Beethoven*

“He tried, through worried years, to conceal from the world the affliction that embittered his life.” In 1801 he told a friend about it. Referring to his wretched life, he went on to say “for almost 2 years I have ceased to attend any social functions, just because I find it impossible to say to people: I am deaf! I beg you not to say anything.... to anyone.”

“O ye men who think and say that I am malevolent, stubborn or misanthropic, how greatly do ye wrong me, you who do not know the secret cause of my seeming so... I was compelled... to isolate myself, to live in loneliness... it was impossible to say to men speak louder, shout, for I am deaf.” He didn’t even tell his own brothers.

We all know that Beethoven was deaf, but I’ve never read anything about his reaction to it. Imagine if he had had access to HLAA. There is no mention of sign language, which was used in the 1800’s.  
*(submitted by Elise de Papp, M.D.)*

## HLAA VETERANS ACROSS AMERICA VIRTUAL CHAPTER

*(excerpt from Colorado Springs, March NL)*



Veterans with hearing loss –  
Attend monthly online  
meetings the 4<sup>th</sup> Wednesday  
of the month from

6:00 – 7:00pm MST. To join the Virtual Chapter and/or find out how to attend the online meeting, email Nancy Macklin at [nmacklin@hearingloss.org](mailto:nmacklin@hearingloss.org).

## MEMORIAL DAY

*By Anna Gilmore Hall*



Memorial Day honors those who died serving the U.S. military. It is traditional to fly the American flag at half-mast.

Memorial Day originated after the Civil War to honor both the Union and Confederate soldiers who died in the war. The holiday was extended by the 20th century to include all deceased American soldiers.

Memorial Day is sometimes confused with Veteran's Day in November, which celebrates the service of all U.S. military veterans.

***We need your support!  
Rising costs are making the  
mailing of Newsletters to  
non-dues paying members  
difficult. Please pay your dues! Thanks so much.***



## LIFESPAN NEEDS TOILETRY ITEMS



Lifespan collects toiletries for veterans, and for young women in under-served countries. Let’s support them by donating shampoo, conditioner, toothpaste, non-alcoholic mouth wash, body powder, hand/body lotion, & any other items you can think of.

**Please bring your donations to the May or June daytime or evening Chapter meetings. We will take them to Lifespan after the June meetings. And thank you so much for contributing!**

## SOMETHING TO THINK ABOUT...

“Don’t cry because it’s over,  
Smile because it happened.”

*(attributed to Dr. Seuss; from Old Farmer’s Almanac)*



COMING SOON!  
Tuesday, June 25th

## PLANNING THE PROGRAMS FOR YOUR CHAPTER MEETINGS

This is only May, and we're thinking about June already...but this is really important!

Do you have new ideas for speakers or programs for our monthly HLAA Chapter meetings...if so, we would love to hear about them! Please plan to attend either the Daytime Program Planning meeting held by Sue Miller, or, the Evening Planning meeting held by Barb Law, to give them your ideas for possible topics for the new season from September, 2019, to June, 2020.

Daytime meetings planning session:

**Tues., June 25th, at 9:30am** –  
coffee & conversation;  
then, discussion 10:00-Noon –  
Sue's home, 16 Buckthorn Run, Victor 14564.

Evening meetings planning session:

**Tues., June 25th, at 6:00 – 9:00pm** with Barb Law,  
in the 1st floor Conf. room, Al Sigl Center; light  
snacks. Note: Both meetings are on the same day.

**RSVP:** Please email (or, call) either Sue or Barb and let them know you're attending. We appreciate an RSVP for seating and food! Hope to see you at one or both of the meetings! We're eager for your suggestions!

Barb Law: [Blaw1@rochester.rr.com](mailto:Blaw1@rochester.rr.com);  
(585) 381-8640

Sue Miller: [SusanLeeMiller39@cs.com](mailto:SusanLeeMiller39@cs.com);  
(585) 924-8933

**Disclaimer – HLAA does not endorse products or services. Mention of goods or services in articles or advertisements does not mean HLAA endorsement, nor should exclusion suggest disapproval.**

## **HEARING LIFE Magazine** *from National HLAA*

Some of the informative articles in the March/April 2019 issue:

- Recognizing importance of hearing health
- Cognitive Behavioral Therapy and Tinnitus
- Severe hearing loss; deaf overnight
- Airports are getting into the hearing loop  
(including Rochester NY)
- HLAA celebrates 40 years this year
- New hearing aid technologies (Don Doherty)

Join HLAA and start receiving this magazine every other month. Only \$35/year. (see inside back cover of this Newsletter for form)

In addition to our *Hearing Life* magazine, another good magazine, with important information is...

**HEARING HEALTH** -March 2019. Free.  
*(suggested by Fred Altrith)*

- Meniere's Motivation: How Running helped.
- Celebrating CI Awareness with Answers to your Concerns.
- Older Brother and Hearing Loss Advocate
- Hyperacusis: Ears on Fire – Is sound painful to you, too? To subscribe: Go to: [info@HHF.org](mailto:info@HHF.org)

## **WANT TO BE A VOLUNTEER?**



Volunteer: a person who performs a service willingly and without pay. Good friends are like stars. You don't always see them, but you know they're always there.

Kindness is a language which the deaf can hear and the blind can see.

Want to volunteer?

Contact either Dan Brooks at

[DBrooks.HLAA.ROC@gmail.com](mailto:DBrooks.HLAA.ROC@gmail.com),

phone: 704 8191; or, 248-8820; or, Sue Miller at [SusanLeeMiller39@cs.com](mailto:SusanLeeMiller39@cs.com), or, phone 924-8933.

**ANNUAL DINNER**

*By Sue Miller*



We'll all have the chance to come together on **Tuesday, May 21<sup>st</sup>** for the Annual Dinner of the Rochester Chapter of HLAA. From **6:00 to 9:00 pm**, we'll get to

know our scholarship winners and their families. And, recognize just some of the people who make a difference to our Chapter in the Rochester area by presenting three awards.

The Cobblestone Creek Country Club has done a superb job in past years with service, hearing accessibility and scrumptious food.

You will enjoy being part of this fabulous evening!

Please sign up by **Thursday, May 16<sup>th</sup>** using the form included here. We hope to see you there!

**Please join us!**

**Tuesday, May 21, 2019**

**Cobblestone Creek Country Club  
100 Cobble Creek Road, Victor, NY 14564**

**6:00 to 9:00 P.M.**  
**Spouses/guests welcome!**  
**Menu choices:**

- (1) **Grilled Flank Steak** – Mushroom Marsala sauce  
–whipped potatoes & asparagus
  - (2) **Chicken French** in Lemon/Sherry/Butter sauce  
–whipped potatoes & asparagus
  - (3) **3-Cheese Manicotti** –house made Marinara  
–and -  
**House Salad, and Strawberry Shortcake**
- \$26.00 per person (includes tax & gratuity)**

Questions? Please email, or call, Sue Miller at [SusanLeeMiller39@cs.com](mailto:SusanLeeMiller39@cs.com); or, phone, 585-924-8933.



**HLAA ANNUAL DINNER – May 21<sup>st</sup>  
Reservation Form**

**Name:** \_\_\_\_\_

---

**Address** \_\_\_\_\_

---

**Phone or Email** \_\_\_\_\_

---

**Dinner choice** \_\_\_\_\_

~~~~~

**Guest:** \_\_\_\_\_

**Dinner choice** \_\_\_\_\_

~~~~~

**2nd Guest:** \_\_\_\_\_

**Dinner choice** \_\_\_\_\_

Dinner reservations will be accepted until  
**Thursday, May 16<sup>th</sup> -- FIRM DATE**  
**We cannot accept reservations after 5/16**

\_\_\_\_\_ **Dinners @ \$26 each = \$** \_\_\_\_\_

**(please make check payable to  
HLAA-Rochester)**

**Please return this form and check to:**  
**Ms. Joan Kohler**  
**15 Pickett Lane**  
**Hilton, NY 14468**



**CenterStage**  
JEWISH COMMUNITY CENTER

**Bringing A World of Theatre to Rochester**  
**Bringing Rochester Theatre to the World**



Offering Live Open Captioned Performances Since 2016

**JCC** Rochester  
CenterStage Theatre  
A program of the Louis S. Wolk Jewish Community Center  
1200 Edgewood Ave, Rochester, NY 14618  
(585) 461-2000 • www.jcccenterstage.org

Sales Service Rentals

**Specialists in Hearing Assistance Loop Systems**



Call: (585) 272-9280  
Email: info@theatreloop.com  
2 Townsend Circle  
Rochester, NY 14623  
www.theatreloop.com

*Thank you for allowing us to serve you since 1973!*

*Performing... for the Arts!*

**Sounds for Life**

Holistic Hearing Healthcare™

Sounds For Life  
135 Sully's Trail  
Suite 10  
Pittsford, NY 14534

**Hear Better. No Pressure.**



**585-248-5212**  
www.SFLHearing.com

**CLIFTON SPRINGS**




**HEARING CENTER**

*A hearing aid is not a symbol of weakness. It's a tool of strength.*

To Schedule An Appointment:  
Call 1-800-827-0140  
www.cliftonhearing.com

Canandaigua • Pittsford • Clifton Springs  
Established 1979




**Ontario**  
Hearing Centers

Call one of our two convenient locations today!

**BRIGHTON**  
2210 Monroe Ave.  
585.442.4180

**GATES**  
785A Spencerport Rd.  
585.247.4810



Become a Fan!

WWW.ONTARIOHEARING.COM

**Hearing Solutions, to Fit Every Lifestyle**


For 60 years we've been helping the hard of hearing benefit from advances in technology.

**SERVICES:**

- Hearing Test
- Hearing Aid Evaluations
- Hearing Aid Custom Programming
- Hearing Aid Repairs
- Custom Sound Plugs
- Evening and Saturday Hours
- Home Service Available

**3 AUDIOLOGISTS:**

- John J McNamara, Au.D.
- Andrea M. Segmond Au.D.




**UR Medicine Audiology**  
Evaluation-Treatment-Support

Comprehensive Hearing Care for Infants, Children and Adults  
Hearing and Hearing Aid Evaluations  
Hearing Aid Dispensing, Repairs, Batteries and Supplies

**2365 S. Clinton Ave, Suite 200 585-758-5700**

Christina M. Ashrafioun, AuD	Molly A. Krygowski, AuD
Christina A. Bauer, AuD	U-Cheng Leong, PhD
Dawn R. D'Agostino, MA	Mark S. Orlando, PhD, MBA
Kristin E. Geissler, AuD	Caitlyn Potter, AuD
Michelle R. Gerringer, AuD	Diane S. Puccia, MA
Christy Monczynski Hopson, AuD, MS	Lauren C. Smith, AuD
Katherine E. Joyce, AuD	Jennifer C. Thomson, AuD
Pamela T. Kruger, AuD	Megan Wightman, AuD

You Should Hear What You Are Missing





**THE GOLD STANDARD**  
in Captioned Telephone Service!

**Audio Excellence**—  
Louder than most amplified phones

**Captioning Excellence**—  
SilkScroll® for smooth,  
high-speed captions

**Service Excellence**—  
Red Carpet Service



Want to learn more about CaptionCall?  
Request a phone at [www.captioncall.com](http://www.captioncall.com) or call  
1-877-557-2227. Use promo code MNT14D.

## Dalzells Hearing Centers

Larry E. Dalzell, Ph.D.  
Sheila M. Dalzell, Au.D.  
Matthew S. MacDonald, Au.D.

Our audiologists' expertise makes hearing easier

**Brighton Office**      **Greece Office**

2561 LacDeVille      10 South Point Landing  
**585-461-9192**      **585-227-0808**

[www.DalzellsHearing.com](http://www.DalzellsHearing.com)

## HEARING LOOPS UNLIMITED

*Enjoy the sounds of life.*

**W4H Sponsor**

Assistive listening systems,  
ADA assessments and acoustic solutions  
Temporary hearing loops

**For Your Complimentary Evaluation**  
**CONTACT US AT: [don@hloops.com](mailto:don@hloops.com)**  
[www.hearingloopsunlimited.com](http://www.hearingloopsunlimited.com)  
585 727 0408



*Are you happy  
with the care you are  
receiving now?*


*Looking for a caring, hearing  
healthcare provider?*  
Call Dr. Christine Stein at  
Professional Hearing Solutions...  
she provides quality care in a warm  
friendly environment.



Dr. Christine Stein  
Au. D., FAAAA

**PHS Professional Hearing Solutions** *We Listen More...  
To Help You  
Hear Better!*

1331 East Victor Rd., Victor • 585.398.1210  
513 W. Union St., Cannery Row Plaza, Newark • 315-573-7844  
[www.professionalph Hearingsolutions.com](http://www.professionalph Hearingsolutions.com)



Moisture is the #1 cause of hearing aid performance problems.

Are your hearing aids  
continuing to deliver their  
**BEST PERFORMANCE?**

**Dry & Store** THE MOISTURE ALTERNATIVE.

You rely on your hearing instruments, and they represent a significant investment. Don't let moisture rob you of the peak performance you deserve.

Call 1-888-327-1299. HLAAs Members save 10%.

EAR TECHNOLOGY CORPORATION Helping people hear better, every day.



Hearing aids covered by the  
**AGX Protection Plan**

Try an AGX Hearing system for  
**75 days, risk-free**

**Free for 3 years:**  
Batteries • Warranty  
Loss & damage insurance

Applicable toward an AGXS, 7, or 9  
two-device hearing system

Canandaigua  
**585.919.6712**  
Geneva  
**315.828.6990**

[fingerlakeshearing.com](http://fingerlakeshearing.com) AudgyCertified™

Trust your Hearing Care  
to our Doctors of Audiology.



**HART**  
HEARING  
CENTERS

HartHearing.com  
585-266-4130

Irondequoit | Brighton | Greece | Brookport | Fairport



Communication  
for Life

Helping Rochester's  
Children, Adults &  
Families for 97 Years

- Experienced Staff
- Exceptional Service
- Personalized Solutions




**ROCHESTER**  
Hearing  
& Speech  
Center

Rochester 585.271.0680  
Greece 585.723.2140  
Webster 585.286.9373

[rhsc.org](http://rhsc.org)

**Solutions for All Levels of Hearing Loss!**

- Amplified Phones
- Cell Phone Accessories
- Personal & TV Listeners
- Loud Alarm Clocks
- Signaling System



**HARRIS**  
COMMUNICATIONS

Request a FREE Catalog!  
[www.harriscomm.com](http://www.harriscomm.com) • (800) 825-6758

100% Satisfaction Guarantee: FREE Shipping + Returns! details on website

**LISTEN, READ and RESPOND** to your callers. Don't miss another word!



New York  
Relay Service  
711  
[nyrelay.com](http://nyrelay.com)



CapTel®  
2400i

877-805-5845 | [nyrelay.com/captel](http://nyrelay.com/captel)

CapTel is a registered trademark of Ultratec, Inc.



**Lifespan**  
*take it on!*

Providing non-biased information & guidance for older adults & caregivers.

Call us at 585-244-8400.

Proud to partner with the Rochester chapter of the Hearing Loss Association.



**HLAA**  
Hearing Loss Association of America  
Rochester Chapter

**Board of Directors Officers**

**President** Dan Brooks  
**Vice President** Suzanne Johnston  
**Recording Sec.** Stuart Loewenstein  
**Corresponding Sec.** Carol Loftus  
**Treasurer** Tom Corteville  
**Asst. Treasurer** Joan Kohler\*

\*non-Board member

**Board Members**

Henry J. Adler, Ph.D.  
 Steven Barnett, M.D.  
 Mary Chizuk  
 Margaret Cochran  
 Carmen Coleman  
 John Eckhardt, Ph.D.  
 Barbara Gates  
 Michelle Gross  
 Charles Johnstone  
 Barbara Law  
 Gerry Loftus  
 Art Maurer  
 Sue Miller  
 Bruce Nelson  
 Al Suffredini  
 Chris Suffredini

Honorary Jeannette Kanter, Joe Kozelsky

**HLAA Membership Information**

Hearing Loss Association (HLAA) Rochester Chapter, Inc., a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from October through June at St. Paul's Episcopal Church, East Ave. (September is 2nd Tuesday.) While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability. For more information, Call **585 266 7890**

**Professional Advisors**

2017 – 2019

*Tamala David, Ph.D.*  
*James DeCaro, Ph.D.*  
*Christine Olivier*  
*Peter Reeb*

2018 – 2020

*Kathy Foster*  
*Emily Krohn*  
*Ralph Meranto*  
*Nicholas Sprague*

**Consultants:** *Paul Dutcher, M.D.*  
*Charles Johnstone, James Vazzana, Esq.*  
 ^^^

Newsletter

*Newsletter deadline: first day of the month preceding the issue month.*  
*Send articles to:*  
*Ginger Graham*  
 859 Meadow Ridge Lane  
 Webster, NY 14580  
***ggraham859@gmail.com***

**MEMBERSHIP APPLICATION – HLAA-ROCHESTER CHAPTER**  
 July 1, 2019 – June 30, 2020

I want to join as a first-time member  I want to renew

All members receive the award-winning Rochester chapter Newsletter!

**Check preference for access:**  via US mail  via Chapter website

**Check membership type:**  Individual  Family  Corporate

**Check contribution:** (*\*please consider a charitable donation above Basic dues—an acknowledgement is sent for donations only.*)

Basic/Indiv. Dues, \$10  Basic/Family Dues, \$20  Corporate\* \$50

Friend\* \$25,  Partner\* \$50,  Supporting\* \$100  \$\_\_\_\_\_

**PLEASE PRINT**

Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_

I have a different mailing address for part of the year.

Please make check payable to: HLAA-Rochester. Send to:  
 Ms. Joan Kohler, 15 Pickett Lane, Hilton, NY 14468

**HEARING LOSS ASSOCIATION OF AMERICA**

**YES! I want to join or renew membership in national HLAA.** Membership entitles me to the magazine, *Hearing Life*; a number of discounts; and knowing I'm supporting advocacy for people with hearing loss nationwide.

Join  Renew

Individual \$35  Couple/Family \$45  
 Professional \$60

Name: \_\_\_\_\_  
 Street: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone: (home) \_\_\_\_\_  
 (cell) \_\_\_\_\_  
 E-mail: \_\_\_\_\_

Send to: Hearing Loss Association of America  
 Suite 1200  
 7910 Woodmont Avenue  
 Bethesda, MD 20814

***Please do NOT send this renewal to the local Rochester chapter; mail directly to HLAA in Bethesda, MD.***



NONPROFIT ORG.  
U.S. POSTAGE  
PAID  
ROCHESTER, NY  
PERMIT # 1193

P.O. Box 1002  
Fairport, NY 14450

### Return Service Requested

**Time sensitive**

**Please deliver by April 30, 2019**



### If You're New, This is for You.

More than 48 million people in the US have a hearing loss, which can hinder daily communication. By age 65, one in three Americans has a hearing loss. This invisible condition affects the quality of life of the individuals with hearing loss as well as family, friends, co-workers and everyone with whom they interact. HLAA believes people with hearing loss can participate successfully in today's world.

Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through information, education, support and advocacy.

HLAA is the nation's foremost membership and advocacy organization for people with hearing loss. HLAA publishes the bimonthly Hearing Life Magazine, holds annual conventions, a Walk4Hearing, and more. Check out: <http://www.hearinglossrochester.org>.

The Rochester Chapter, started in 1983, is a dynamic group of individuals working together as a team. To join, please see inside back page. HLAA has a support network of organizations—Bethesda, MD; State organizations; and, local Chapters. Welcome!

### **Meetings are hearing accessible**

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman Museum. Parking is available at the George Eastman Museum, if needed.

All meetings are audio looped and captioned. Interpreters are available on request *for evening meetings only*-- contact Linda Siple, 585 288 6744, or at [lasnss@rit.edu](mailto:lasnss@rit.edu), at least a week in advance.

**(This phone number is only to request an Interpreter.)**

Entrance to the meeting room is via the Westminster Rd. door, down the corridor to the end, into the large Parish Hall room.

*Everyone, with or without a hearing loss, is welcome!*