

Telephone: (585) 266-7890 Email: info@hearinglossrochester.org Website: https://www.hearinglossrochester.org

Volume 37, Number 5

### Monthly Daytime Program Meeting In Person at St. Paul's and on Zoom - February 6<sup>th</sup>

# FEBRUARY CALENDAR

**TUESDAY, FEBRUARY 6, 10:00 AM-11:00 AM IN PERSON, ST PAUL'S VESTRY ROOM: .** Dr. Greg Horton : HOPE Session: 'Hearing Other People's Experiences' (HOPE)

**TUESDAY, FEBRUARY 6, 11:00 AM - 11:30 AM AT ST PAUL'S PARISH HALL:** Conversation and light refreshments.

TUESDAY, FEBRUARY 6, 11:30 AM -NOON AT ST PAUL'S PARISH HALL AND ON ZOOM: Chapter announcements and business meeting.

**TUESDAY, FEBRUARY 6, NOON - 1:00 PM AT ST PAUL'S PARISH HALL AND ON ZOOM:** Presentation: Technology for the Average Person by the chapter's Technology Committee

TUESDAY, FEBRUARY 13, 7:00 PM ON ZOOM: Board of Directors Meeting

**THURSDAY, FEBRUARY 15, 10:00 AM - 2:00 PM: ASSISTIVE LISTENING DEVICE DEMO CENTER.** Technology Team. at Lifespan, 1900 S. Clinton Ave.

TUESDAY, FEBRUARY 20, 7:00-8:30 PM ON ZOOM. Cochlear Implant Group

WEDNESDAY, FEBRUARY 21, 7:00-8:00 PM ON ZOOM. Stellar Supporters Meeting

**TUESDAY, FEBRUARY 27, 8:00-9:00 PM ON ZOOM:** Parent's Group: *Hear Together*. See information in February Programs.

Please check our Chapter Website hearinglossrochester.org for any changes

### REFRESHMENTS

We appreciate our members who have volunteered to bring refreshments to our February 6<sup>th</sup> meeting: Marlene Sutliff, Paul and Mary Ann Stager, Carol Bradshaw, and Peggy Crowley.



February 2024

### FEBRUARY PROGRAMS

#### Featured: Technology for the Average Person Tuesday, February 6, Noon-1 pm, in person and on Zoom

Members of our chapter's Technology Committee will provide an update on assistive listening technology and devices that are available to see and test in the HLAA Rochester Assistive Listening Device (ALD) Demonstration Center. Whether or not you wear hearing aids, these products may help you to hear better and understand speech in difficult hearing situations.

You will also hear about the new Auracast technology and how to check that your next smartphone, hearing aids, Bluetooth-enabled ALDs, TV, and wireless earbuds support it. If time permits, we will do a limited demonstration of our new Auracast transmitters & receivers after the presentation.

### **OTHER FEBRUARY PROGRAMS**

#### **Tuesday, February 6:**

# 10:00 am -11:00 am - HOPE - Hearing Other People's Experiences.

Prospective, new, or experienced hearing aid users informally share their experiences, questions, and hearing loss journeys. Dr. Greg Horton, Director of Audiology, Rochester Hearing and Speech Center, facilitates. In person only.

**11:00 am -11:30 am - Socializing.** In person. Refreshments. St. Paul's Parish Hall.

**11:30 am - noon - Business Meeting**/ **Announcements.** In person. St. Paul's Parish Hall.

#### Thursday, February 15:

10:00am-2:00 pm - ASSISTIVE LISTENING DEVICE DEMO CENTER. Technology Team. In person. Lifespan, 1900 South Clinton Avenue

View and try out a selection of assistive listening and alerting devices before actually buying them. Included are captioning-capable and amplified telephones, signaling-alerting devices and smart phone APPs related to hearing enhancement. Members of the Technology Committee stand by to answer questions.

(Continued on page 3)

### **President's Column**

#### By Dan Brooks, Chapter President

I hope this message finds you well and that your New Year has started off on a positive note. As we approach



February, a month of celebrating love and appreciation for our loved ones, I wanted to take a moment to share my personal experience with hearing loss and the support I have found through the HLAA Rochester Chapter.

Living with hearing loss can often present challenges in our daily lives, especially in our relationships with our spouses. Misunderstandings and miscommunications can occur, causing frustration and sometimes even distance between us. It is important for us to recognize the impact of our hearing loss on our loved ones and make a sincere effort to overcome these challenges together.

One quote that has resonated with me on this journey is, "It is not my hearing loss... it is our hearing loss." This powerful statement, coined by <u>Sam Trychin</u>, a respected psychologist, reminds us that our hearing loss affects not only ourselves but also the people closest to us. It serves as a reminder of the importance of seeking solutions and support.

If you find yourself neglecting to wear your hearing aids or dismissing the need for a hearing test, I encourage you to take action. Our spouses are often the best advocates for our hearing health, and their observations should be taken seriously. Ignoring the issue will only lead to missed opportunities and further deterioration of our hearing abilities.

Allow me to share a few tips that have helped me navigate the challenges of hearing loss. First, try to repeat back to your spouse what you think you've heard to ensure clarity and avoid misunderstandings. When asking them to repeat back having them say it differently often helps. Some syllables or continents can be hard to understand. Additionally, make an effort to be in the same room, establish eye contact, and minimize talking between rooms or floors at home. Taking criticism as constructive feedback can also help us improve our communication skills. Furthermore, there are numerous assistive listening technologies available today that can assist us in challenging situations. Mary Chizuk's words ring true; "there's never been a better time to have hearing loss then now due to advancements in technology.

To further support individuals with hearing loss, the **HLAA Rochester Chapter** offers a variety of resources and programs. Consider visiting our monthly *Demo Center* at Lifespan, where you can explore assistive listening technologies firsthand. If you're looking

to connect with others who have experienced hearing loss, Joe Kozelsky's HOPE Sessions are a great opportunity to share your questions and concerns. For parents navigating the journey of hearing loss in their child, the Hear Together Group meetings provide guidance and support. Additionally, if you are contemplating a cochlear implant, attending a *CI Group Meeting* will allow you to learn from others who have undergone this lifechanging procedure. Our monthly *Chapter Programs* offer valuable insights into various topics related to hearing loss, and Suzanne Johnston's Speech Reading Session can help fine-tune your "lip-reading" skills. I want to emphasize that my intention is not to endorse any specific individual or organization, but to demonstrate the support and resources available through the **HLAA Rochester Chapter**. No one should face hearing loss alone, and by spreading the word about our chapter, we can create a supportive community with more awareness.

I would like to suggest considering a gesture of support by purchasing a one-year membership to our chapter for someone in need. At just \$10 per year, it is an affordable way to provide valuable resources and companionship to those experiencing hearing loss. I have encountered numerous individuals who feel defeated in their journey with hearing loss, and it is our responsibility to show them that there is hope and support available.

Thank you for taking the time to read this message, and I encourage you to reach out to our chapter or attend our events if you or someone you know can benefit from our services. Together, we can embrace the challenges of hearing loss and lead fulfilling lives. "*Better Hearing* = *Better Living*" says it all thanks to <u>Art Maurer</u>! To learn more about our chapter and its upcoming events visit our website at hearinglossrochester.org.

Enjoy Valentine's Day with your loved ones and hope to see you at one of the upcoming sessions in the month of February. Thanks again. Until next time!

#### - Dan

### **Open Door Mission Collection**

We will have a box at our February and March meetings to collect New or Used items such as:

- Clothing ( child or adult, Male or female)
- Bedding
- Towels
- Diapers
- Personal hygiene products
- Anything you think appropriate

(See https://opendoormission.com/donate-clothing-other-essentials)

To be donated to Open Door Mission for the MANY new immigrants to our community and country.



As HLAA's first-ever event at a resort rather than an urban hotel, next year's convention in Phoenix, Arizona, promises to be a brand-new experience! So mark your calendar and plan to join us at the luxurious Sheraton Grand Resort at Wild Horse Pass, June 26–29, 2024

Details at http://hearingloss.org.

### HLAA New York State Association Report by Peter Fackler

The Annual Meeting of HLAA-NYS was held December 2, 2023 via Zoom connection.



Seven directors were re-elected for new three-year terms commencing January 2024. They are, in alpha order and with

chapter affiliation noted, Jerry Bergman (New York City), Daniel Brooks (Rochester), Florence Butler (Mid -Hudson), Peter Fackler (Rochester), Susan Miller (Rochester), Mary Kate Owens (Albany), and Steve Wolfert (Westchester).

Officers elected to serve beginning January 1, 2024 are president, Peter Fackler (Rochester); vice president, Steve Wolfert (Westchester); secretary, Kathy Gates (unaffiliated); and treasurer, Tom Corteville (Rochester).

The board of directors received with regret the resignation of Don Porter from the HLAA-NYS board of directors.

Peter Fackler reported for the special committee (Sue Miller and Trudie Walker included) that was formed to review the Association's bylaws. The proposed revised bylaws will be voted on at the next regularly scheduled meeting of the board of directors.

President-elect Fackler indicated that he favored scheduling a special, one-agenda-item board meeting for January 2024 to provide a forum for the board to consider questions surrounding a next state-wide conference being hosted by HLAA-NYS. The board agreed to meet in this regard the morning of January 13, 2024.

Committee and chapter reports were received with interest. President Kassey Granger closed the meeting by thanking all those who attended and thanking her board colleagues for their support during her two-year term of office.

### **FEBRUARY PROGRAMS**

(Continued from page 1)

#### **Tuesday, February 20:**

7:00 - 8:30 pm Cochlear Implant Group (on Zoom): An open mic performance will allow participants to share their experiences with cochlear implants and discuss best practices and emerging technologies. Participants can advise concerning future program topics of interest. Captions will support access to the discussions. Registration is required for each meeting. Register at cochlearimplantgroup@gmail.com You do not need to be a member and sessions are free.

#### **Tuesday, February 27:**

8:00-9:00 pm - HEAR TOGETHER (on Zoom): Kristin Bergholtz CCC/SLP./Carly Alicea Au.D/Ph.D

Speech language pathologist Bergholtz conducts a virtual support group with audiologist Carly Alicea.

For parents and caregivers of Deaf/hard of hearing children. Learn more about your child's hearing loss, services to benefit them, and tips to support their language development. To register, contact kristinbslp@gmail.com

Anyone interested in hearing loss, either their own or someone else's, is welcome at Hearing Loss Association of America - Rochester Chapter programs.

All HLAA programs are free. Some are in person only. Others are hybrid in-person and on-line with the online access requiring preregistration. To obtain the Zoom link, access the chapter web site hearinglossrochester.org

### hearing iossiochester.org

Most in-person programs feature an induction loop assistive listening system for devices with a telecoil and some have open captions.

### **Assistive Device Demo Center**



Our chapter sponsors the Assistive Device Demo Center where our members and the public can see some of the latest devices available to help them with day-to-day difficulties associated with hearing loss.

The types of devices represented during the demo sessions include signaling-alerting devices, captioned telephones and personal assistive listening devices [with an emphasis on TV listening and coping with noisy environments]. Chapter members stand by to answer questions.

Sessions are usually on the 3<sup>rd</sup> Thursday of the month. The next demo session at Lifespan, 1900 S. Clinton Ave. (Tops Plaza) on Thursday, February 15<sup>th</sup> from 10 am to 2 pm. Sessions are free. All are welcome!

## National Report

by Peter Fackler

As HLAA's first-ever event at a resort rather than an urban hotel, 2024's convention in Phoenix, Arizona, promises to be a brand -new experience! So mark your calendar and plan to join us at the luxurious Sheraton Grand Resort at Wild Horse Pass, June 26– 29, 2024. We know you'll love this gor-



geous setting for all of our exciting events! And there is so much more to explore when you're not learning and networking at our communication accessible convention. Discover the rich Indigenous culture of the Gila River Indian community, enjoy relaxing and indulgent spa experiences, tee off on two championship golf courses and enjoy authentic Native American cuisine at KAI, the only AAA Five Diamond and Forbes Five Star restaurant in Arizona.

- Hear an engaging high-profile keynote speaker during the General Session.
- Explore The Emotional Side of Hearing Loss at this year's Research Symposium.
- Celebrate and connect at the lavish Welcome Back event and other social functions.
- Learn from our exciting educational workshops on a wide range of topics.
- See product demonstrations of the latest technology for people with hearing loss.
- Walk through the Exhibit Hall featuring cutting-edge tech and hearing health industry professionals. Free Exhibit Hall-only passes available.
- Enhance your chapter or state organization at the HLAA Leadership Training.

The HLAA website re-design is set for an early 2024 debut. The website upgrade will include a reconfigured chapter's portal that will aim to organize chapter and state organization support materials in an organized, easy-to-use fashion. More widely, the aim for the new website is to have a more welcoming environment for visitors to the site who are seeking support and information in dealing with their hearing loss or that of a member of their family and who may know little to nothing about HLAA. The aim is to be able to provide useful service to new friends who find us via social media posts and other referrals. Engagement strategies will be employed through social media, blogs, webinars, etc. to attract people to the website. Recruitment for Lise Hamlin's successor is underway. Lise's retirement is set for mid-winter although she will continue to contribute going forward on a consulting basis with the ICAAT project. Lise is a long-time staffer at HLAA in charge of advocacy efforts...she will be missed.

The new Walk4Hearing software made its debut at the recent Houston W4H event and early reports are that the software upgrade has been hailed by participants as a big step forward.

For your continuing reference, here are notes regarding how you can connect

with HLAA:

- Website: hearingloss.org
- Walk4Hearing website: walk4hearing.org
- Office phone: 301-657-2248
- Office FAX: 301-913-9413
- 6116 Executive Blvd., Suite 320, Rockville, MD 20852
- Membership: go to hearingloss.org (or see mail option page 11)
- e-News: sign up at website.
- Archived webinars: go to hearingloss.org.
- The 2024 national convention will take place June 27 29 in Phoenix, AZ.
- Please reach out to me with your comments, concerns, and questions --pcf.hlaa@yahoo.com or (814) 319-2083 (text or voice).

### We Welcome All Donations

Please make your check payable to: <u>HLAA-Rochester</u>. *HLAA is a 501c(3) organization*. Mail to: Doug & Nancy Meyer, 5275 Rosebrugh Rd, Geneseo, NY 14454

Be sure to designate: This donation is: <u>In Memory of</u>, or <u>In Honor of</u>, or <u>Birthday congratulations</u>, and who to send the acknowledgment to. Our sincere thanks for your donation!

### **Buy Hearing Aid Batteries from HLAA**

The HLAA Rochester offers hearing aid batteries at our monthly program meetings. You may purchase a pack of six for \$1.50, or an entire box (60 batteries) for \$15.00.

### Filtering Out Background Noise

by Bob Hall

Managing background noise is the most difficult thing to do for anyone who wears hearing aids or CIs. Difficulty hearing in noise usually starts in one's 50's and gets worse. It is one of the reasons you don't see older people going to or having cocktail parties. Mathew Fitzgerald, Ph.D., Chief Audiologist at Stanford University School of Medicine, says having difficulty hearing in noise is usually the first sign of hearing loss. He is urging audiologists to do basic testing with noise, not the quiet beeps in a soundproof room.

First, you need to check out every situation you go to where you need to hear others. You need to sit or stand closest to the person you want to talk to or who is running the meeting. You should ask others if they would please talk one-at-a-time. Another option is taking the person away to a quieter space. Getting the cooperation of others may be difficult. You may need to decide whether it is worth attending if you cannot comprehend what others are saying and they are unwilling to accommodate you. Another alternative is to organize people to meet you in a quiet room with the proviso they agree to speak one at a time.

Second, there are somethings hearing aids, cochlear implants and assistive hearing devices canassist with noisy environments. These are partial solutions.

a) To hear someone in a noisy environment you could have an assistive listening device such as a remote microphone clipped on the person you want to talk to. That microphone has to generate a sound 10 times louder than the background noise in order for you to hear them. The microphone should be no farther than six inches from their mouth. There some of these devices, like the Roger Pen and its more recent products, that allow one to network the microphones together so that everyone hears the speaker. Anyone who tries to talk when another speaker has started are excluded until that person has finished. But these networked devices are very expensive and providing one to each person in the group can be prohibitive.

b). Portable phones can be very difficult to use in a noisy environment. Many of the new phones are electronically attached to your hearing aid or cochlear implant. So the sound of the person calling you goes straight into your hearing aid. That is a great help. But it still cannot be enough, as I found trying to answer a call when I was walking near a freeway. You want to have a hearing aid or cochlear implant that allows you to turn off your external microphones. There are streamers that accompany some hearing aids that offer that option, plus connection the phone to the hearing aid.

c). If you have a smart phone there are many ASR products (automated speech recognition) that allow you to point your smart phone toward a person and you will be able to read the text of what they are saying. Some of these programs include translation of other languages into English. This can be a handy accompaniment to you in a meeting. Again, if people speak one at a time you may be able to read what everyone has said. Microphones are better at getting all the consonants that those of us with hearing loss cannot comprehend.

I last noticed that my Cochlear Implant company was crowing about how well their processor helped in noisy environments. Then I saw that their client example was a teenager. Young people typically do not have hearing loss in noise.

This a constant problem for all of us with hearing loss and there is no current solution other than what I have mentioned.

Bob Hall is Co-President, of the Peninsula Chapter, HLAA and is a Hearing Loss Support Specialist

### At Last... Readers & Book-Lovers Wanted!

At the most recent Education and Outreach Committee meeting, it was finally decided (after 40 years) that our chapter would start its own BOOKCLUB! There are many great AND highly-readable hearing-related books out there that need to be digested and shared!

The first *Zoom-based* meeting is scheduled for 1 PM on April 25<sup>th</sup>, 2024, and will likely meet at least twice during the year.

The premier discussion will center on *Life After Deaf* by Noel Holston... summarized by Eric Matson in the January Newsletter, and an outstandingly good read. (Available from Amazon.com, \$24.99 hardcover or \$16.99 Kindle, but check your local library too.) Remember too, that you can download a Kindle APP for your tablet computer, and do NOT need to buy a special reader.

The sessions will be chaired by Jenn Lowden, but please let Eric Matson know if you want to be on the invitation/zoom-link email list (pematson3@verizon.net).

#### LIKE US ON FACEBOOK !

Are you on Facebook? If so, please be our friend. We currently have 480 friends and we want more. Find us on Facebook at: **Hlaa Rochester NY** 

### Captioned Entertainment Around Rochester

JCC Center Stage - Tickets and information are available at www.jcccenterstage.org or (585) 461-2000. . Please specify "Captioned Area". Tickets are \$35-40 with discounts for JCC members, full time students and seasonal subscribers. All captioned performances are on Sundays at 2 pm.

February 11, 2024 April 14, 2024 May 14, 2024

Hitmakers Rock vs. Disco Sisters in Law Beautiful The Carole King Musical

### **NTID** Theatres **Panara** Theatre

April 19-21 **Deaf Creators Play Festival** 

**SHED Sklarsky Glass Box Theater** 

April 5-7 April 12-14 Ada and the Engine **Immersive Theatre Project** 



GEVA Theatre Center - Open Captioning for patrons with hearing loss is provided during the 1 Saturday matinee and both performances of the final

Wednesday of each Wilson Stage Series production, and the first Saturday matinee of each Fielding Stage Series production. When booking your seats, mention your interest in open captioning in order to secure the most advantageous view of the display on the right of the stage.

3/9, 2 pm; 3/27, 2 pm & 7:30 pm 3/23, 2:30 pm 4/20, 2 pm; 5/8, 2 pm & 7:30 pm 6/1, 2 pm; 6/19, 2 pm & 7:30 pm

Lady Day at Emerson's Bar & Grill Sanctuary City Newtown The Color Purple

### **Donations**

#### **Donations in Addition to Membership**

Bruce and Candi Nelson Margaret Deacetis Jerome McElroy

#### **Donations**

Suzanne Johnston Target Corporation Employee Giving

#### Thank you to our major contributors

Elaine VanderBrook Warren Crandell Estate Phyllis & J. Stuart MacDonald Estate Dr. Ruth P. Oakley Estate Mary Tuckley Estate

rbt

**RBTL Live Theater - Open Captioning, made** possible by HLAA, is offered during most Sunday matinee subscription performances of the Broadway Season, and select other performances. A text display scrolls words in synchronization with the dialogue and lyrics of the show. Reserve seating in view of the captioning screen in advance or request open captioning for unlisted events, 585.222.5000 or mail@rbtl.org. All shows at 1 pm.

February 4, 2024 The Temptations February 25, 2024 Mrs. Doubtfire June 9, 2024 Tina

The Little - The Little Theatre provides options for people with hearing loss, including hearing amplification headphones in all theaters. The hearing amplification headphones can also be used for descriptive listening.

Theatres 1, 2, 4, and 5, are equipped with Hearing Loop Systems. Personal captioning devices are available for all theaters. Please inquire at the box office.

The Little offers open caption screenings when available. Open captions mean captions are visible to everyone, and cannot be turned off. Open caption screenings are currently shown on Thursdays, along with the first matinees on Sundays (please note some films do not have an open caption version). You can find Open Caption shows via thelittle.org (listed in the showtimes on each film page), and on social media.

Roc Cinema has a hearing loop and some Saturday matinee movies are open-captioned.

Other Theaters - Regal Theatres, Cinemark Theaters, AMC Theaters, and Movie 10 all indicate on their websites that they have closed captioning devices available by asking at the box office. The Strand Theater in Brockport, has individual displays on goosenecks available .

# 66000000 800000000

Happy Birthday to:

- February 1 Sister Veronica Casey
  - 1 Joan Kohler
    - 2 Shirley Tschang
    - 4 Gerry Loftus
    - 14 Anne Adamson
    - 18 John Curtis

23 Gayle King Carini

- 24 Betsy McClain
- 24 Elaine Vangellow

We have only about a third of birthdays listed in our records. Please let us know so we can include yours next time around.



### Our 40 Year Legacy – In a nutshell

By Art Maurer

In our December 2023 newsletter, our Four Decades of achievement were published on two and a half pages. Here are the highlights in a nutshell.

Our Rochester Chapter of the Hearing Loss Association of America was founded in November 1983. Approaching 300 members, we've become the largest and most vibrant local chapter operating under the auspices of the Hearing Loss Association of America.

Believing Better Hearing = Better Living, our allvolunteer 501c3 non-profit is dedicated to providing Support, Education and Advocacy to anyone with hearing loss - all at no charge. Our focus is helping those wearing hearing aids or Cochlear Implants, plus anyone having hearing loss. For those new to hearing loss, we encourage having hearing tested by an audiologist.

Over the years we've provided support and education through monthly chapter meetings, discussion round tables such as HOPE-Hearing Other Peoples' Experiences, a monthly Demo Center where folks can experience the benefit of assistive listening devices, plus several targeted support groups. We publish a monthly newsletter (circulation 700+) and employ the power of Zoom and the internet to make new offerings and course material available to an ever-wider audience.

We've been able to help many organizations in the greater Rochester area by:

• Encouraging accessibility as we advocate for installation of T-coil induction loops in public venues and houses of worship including the Frederick Douglass Rochester International Airport and Wegmans. There are well over 100 locations having loops in the greater Rochester area. Also, for captioning at live theater performances, at the movies, and on TV shows. And more recently, for captioning on telehealth calls.

- Consulting on improving hearing capability in courtrooms of the NYS Unified Courts System; and on development of hearing tips for use by Monroe County Sheriff's deputies.
- Making presentations to groups in several libraries in the Monroe County Library System and beyond; and to several senior adult living residences.
- Participating in community health fairs.
- Continually surveying developments in hearing aids and assistive technologies to offer ever more effective solutions at lower cost.

Our latest major initiative is to enable hospital patients to benefit from more effective communication with doctors and hospital staff.

Over the Counter hearing aids bring new challenges to consumers - we offer facts to consider, attempt to allay confusion, and recommend both a trial period and if needed, a full refund.

Again, there are no charges or fees beyond our \$10 annual membership fee; nor do we sell anything or represent any vendor or manufacturer.

As we look to the future, we'll use the power of Zoom and the internet to expand our reach, improve the content of our offerings, and to network with other chapters.

We thank all of you for working so diligently over the years to make all this possible as we strive toward Better Hearing = Better Living!

Comment to Art Maurer at

#### amaurer40@frontier.com

### Stellar Supporters Keep The Chapter Running

A small group of HLAA members serve on the chapter's board, however, the majority of our members are Stellar Supporters who contribute in untold ways to make our chapter one of the best in the country.

YOU are a Stellar Supporter if you are serving on a committee, providing refreshments for the Daytime programs, greeting people when they arrive at our meetings, accounting for every penny that comes to our chapter, writing thank you notes to first-time attendees...keeping important info or pictures in albums...contacting people to advertise in our Newsletter...coordinating our Social Media, taking minutes at Zoom meetings, setting up the Demo Center...overseeing hearing aid battery sales, setting up the refreshment table...serving as a chapter liaison to one of our nine counties, overseeing our chapter's web site, sending birthday cards to chapter members...working on our chapter Newsletter...coordinating our chapter's library...helping to plan our Annual Dinners, summer picnics, or other special events, volunteering for health fairs...maintaining evaluation summaries, staffing our chapter's telephone service, facilitating our HOPE Sessions, Hear Together programs, CI Zoom meetings...sharing info with your family and friends about our chapter...taking pictures of our events and sharing them... the list goes on and on.

Please join our next Zoom Stellar Supporters meeting on Wednesday, February 21 at 7:00 p.m. when we'll talk about your questions, concerns, accolades, and how we can make our chapter even better! Please watch for the Zoom link on February 20. YOU are the glue that holds our chapter together and we thank you!





## For information and advice about services for older adults and caregivers, turn to Lifespan.

#### Providing:

- · Eldercare Management
- Expert advice about Medicare
- Education about scams & elder abuse
- Minor home modifications to prevent falls
- Monthly workshops in-person & online.

### LEARN MORE lifespanrochester.org



Lifespan is a proud partner of the Rochester Chapter of the Hearing Loss Association.

Donate your used hearing aids to the Finger Lakes Region Lions Hearing Foundation. You might be answering someone's prayers. Contact Dr. John McNamara at (585) 442-4180 for further information.





585-758-5700

### **Board of Directors** Officers and Members

> Henry J. Adler, Ph.D. Steven Barnett, M.D. Gayle Carini Mary Chizuk Peter Fackler Lorin Gallistel, Ph.D. Charles Johnstone Barbara Law Gerry Loftus Eric Matson Sue Miller Bruce Nelson Hope Scheda Nick Sprague Rebecca Sprague

Honorary: Joe Kozelsky Past Honorary Board Members: Joe Damico and Jeannette Kanter

### HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, Inc., a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well.

We are currently meeting online via Zoom. See our website at hearinglossrochester.org to register.

While our primary focus is directed toward people with hearing loss, we welcome everyone to our chapter meetings whatever their hearing ability.

For more information, call

585 266 7890 or see hearinglossrochester.org

#### Professional Advisors Sue Miller, Chair

**2022-2024:** Carmen Carrrasquillo Cinnamon David Paul Dutcher, M.D. Carissa Karaffa

**2023-2025:** Alec Andrest Jennifer Popovich Korin Reynolds Betsy Runnion, Ph.D.

Consultants: Medical - Paul Dutcher, M.D. Technical - Charles Johnstone Legal - James Vazzana, Esq.

<u>Newsletter</u> Newsletter deadline: first day of the month preceding the issue month.

Bruce & Candi Nelson, Editors 120 Cobblestone Dr. Rochester, NY 14623 585-334-5513 editor@hearinglossrochester.org

### HEARING LOSS ASSOCIATION OF AMERICA

#### YES! I want to join or renew membership in

**national HLAA.** Membership entitles me to the magazine, *Hearing Life; a* number of discounts; and knowing I'm supporting advocacy for people with hearing loss nationwide.

Join Renew

Individual \$45	🔲 /Family \$55
Professional \$80	Corporate \$500
🗋 On-line only-indiv	vidual \$35
On-line only-stud	ent \$25

Name:	
Street:	
City/State/Zip:	
Phone (home):	
(cell):	
E-mail:	

Send to: Hearing Loss Association of America Suite 320 6116 Executive Blvd

Rockville, MD 20852

Please do NOT send this renewal to the local Rochester chapter; mail directly to HLAA in Rockville, MD.

#### MEMBERSHIP FORM – HLAA-ROCHESTER CHAPTER July 1, 2023– June 30, 2024

🗖 I want to join as a first-time member 🗖 I want to renew

All members receive the Rochester chapter Newsletter!

Check preference for access: via US mail via Chapter website Check membership type: Individual Corporate Check contribution: (\*please consider a charitable donation above Basic dues an acknowledgement is sent for donations of \$10 or more.)

🗖 Basic/Individual Dues, \$10 🗖 Basic/Family Dues, \$20 🗖 Corporate\* \$50

🖵 Friend\* \$25, 🗋 Partner\* \$50, 🗋 Supporting\* \$100 Donation 🗔 \$

□ Veteran COMPLIMENTARY (Free lifetime chapter membership for veterans with hearing loss). Branch of Service:

### PLEASE PRINT

Name:\_\_

Street:\_\_\_\_

City/State/Zip:\_\_\_\_\_ Phone (home): (cell):

Email: \_\_\_\_

□ I have a different mailing address for part of the year. Please attach an additional page with the address and dates you are gone.

Please make your check payable to: HLAA-Rochester. Send to: Mr/Mrs Doug Meyer, 5275 Rosebrugh Rd., Geneseo NY 14454



P.O. Box 1002 Fairport, NY 14450 **Return Service Requested** 

Time sensitive

Please deliver by January 27, 2024



# If You're New, This is for You

More than 48 million people in the US have a hearing loss, which can hinder daily communication. By age 65, one in three Americans has a hearing loss. This invisible condition affects the quality of life of the individuals with hearing loss as well as family, friends, co-workers and everyone with whom they interact. HLAA believes people with hearing loss can participate successfully in today's world.

Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through information, education, support and advocacy.

HLAA is the nation's foremost membership and advocacy organization for people with hearing loss. HLAA publishes a bimonthly magazine, <u>Hearing</u> <u>Life</u>, holds annual conventions, a Walk4Hearing, and more. Check out: www.hearingloss.org.

The Rochester Chapter, started in 1983, is a dynamic group of individuals working together as a team. To join, please see inside back page. HLAA has a support network of organizations—Rockville, MD; State organizations; and, local Chapters. Welcome! NONPROFIT ORG. U.S. POSTAGE **PAID** ROCHESTER, NY PERMIT # 1193

### **Our Meetings are Hearing Accessible**

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman Museum. Parking is available at the George Eastman Museum, if needed.

All meetings are <u>audio looped and captioned</u>. Our chapter meetings will also be streamed on Zoom, with captioning. See our website at **hearinglossrochester.org** to sign up for access to all future meetings. Please register at least 24 hours before the first meeting you wish to attend, so that you will receive the link by email.

*Everyone, with or without a hearing loss, is welcome, on our on-line meetings or in person.*